



Informal Recreation Schedule:

Badminton: 6-7:55am, 9:55am-12:15pm & 2:15-11pm Gym East
 Basketball: 6am-11pm Gym Central **and** 11am-9pm Wheeler Gym
 Bouldering & Climbing: 12-2pm & 5-8pm Bouldering and Climbing Walls
 Fields: 8am-8pm Rec Sports Complex Field 08 (weather & field condition permitting)
 Indoor Soccer: 9am-12:15pm & 2:15-11pm Gym West
 Racquetball: 6-9am, 12:05-2:25pm & 4:25-11pm Racquetball Court 01-06 and 6am-11pm Racquetball Court 07-09
 Squash: 6am-11pm Squash Court A & B
 Strength & Conditioning: 6am-11pm S&C 1 and S&C 2 **and** 11am-9pm Pound Hall
 Swim: 6-9am & 1-10pm Rec Pool **and** 9am-1pm & 5:30-10pm 50 Meter Pool
 Table Tennis: 6am-11pm Racquetball Court 10
 Tennis: 8am-8pm Rec Sports Complex Tennis Court 01-09 & 8am-11pm Tennis Court 10-15 (weather & court condition permitting)
 Volleyball: 6-9am and 1:10-11pm Volleyball Arena
 Walking/Jogging/Running: 6am-11pm Track

Equipment Checkout: 6am-11pm

Membership Services: 8am-4:45pm

Outdoor Rec Center: 2-8pm

Pro Shop: 6am-11pm

Climbing Wall Courtyard: 10am-8pm

Rec Pool Courtyard: 10am-8pm

Facility Manager Set Ups:

9:55am unlock doors to Climbing Wall Courtyard
8pm lock doors to Climbing Wall Courtyard
8:15pm meet Wrestling Club in Studio A and unlock mats and closet for equipment access
8:55pm meet Fencing Club at Studio D to unlock door
10:45pm clear Studio A after mat cleaning, lock and shut studio doors
10:45pm clear Studio D after Fencing Club practice, lock and shut studio doors

Outdoor Complexes Staff Set Ups:

4:30pm set up one 6ft table with two chairs on Rec Sports Complex Field 01 for Competitive Sports Staff
9pm break down 6ft table and two chairs from Rec Sports Complex Field 01 and return to storage

SPECIAL EVENTS

Are you up for the Seal Challenge event on Thurs 4/26? See Fitness & Wellness Group Fitness Page on Rec Sports Website for details.

Conference Room 226	3:00 PM	3:30 PM	Facilities Operations On-Boarding
Functional Training Room	5:30 PM	6:30 PM	F&W Small Group Training - Beginner Strength Training Session 02 Make-Up Session
Rec Pool	5:30 PM	8:00 PM	Discover Abroad Great Barrier Reef Snorkeling Review
Diving Well	6:00 PM	6:30 PM	Discover Abroad Great Barrier Reef Snorkeling Review
Functional Training Room	6:30 PM	8:30 PM	Fitness & Wellness Outreach - ALEC UGA - QuickFit

RAMSEY STUDENT CENTER - ACADEMIC WING

<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Conference Room 226	2:00 PM	3:00 PM	Facilities Operations Meeting
Conference Room 226	3:00 PM	3:30 PM	Facilities Operations On-Boarding

RAMSEY STUDENT CENTER - ACTIVITY AREA

<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
50 Meter Pool	5:15 AM	8:00 AM	UGA Swimming
50 Meter Pool	9:00 AM	1:00 PM	Swim
50 Meter Pool	2:00 PM	5:00 PM	UGA Swimming and Diving
50 Meter Pool	5:30 PM	10:00 PM	Swim
50 Meter Pool	5:30 PM	8:00 PM	Athens Bulldog Swim Club
50 Meter Pool	8:00 PM	9:00 PM	Swim Club at UGA



<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Bouldering Wall	12:00 PM	2:00 PM	Open Bouldering & Climbing Hours
Bouldering Wall	5:00 PM	8:00 PM	Open Bouldering & Climbing Hours
Boxing Studio	5:30 PM	6:30 PM	Fitness and Wellness Instructional Program Boxing 101
Boxing Studio	8:00 PM	9:00 PM	Fitness and Wellness All Access Kickboxing Circuit
Classroom 119	10:00 AM	1:00 PM	PEDB 1331 Beg SCUBA
Climbing Wall	12:00 PM	2:00 PM	Open Bouldering & Climbing Hours
Climbing Wall	5:00 PM	8:00 PM	Open Bouldering & Climbing Hours
Diving Well	5:15 AM	8:00 AM	UGA Swimming
Diving Well	2:00 PM	5:00 PM	UGA Swimming and Diving
Diving Well	5:30 PM	8:00 PM	Georgia Diving Club
Diving Well	6:00 PM	6:30 PM	Discover Abroad Great Barrier Reef Snorkeling Review
Functional Training Room	6:30 AM	7:30 AM	Fitness and Wellness Small Group Training - EGCC Survivor Wellness
Functional Training Room	12:15 PM	12:45 PM	Fitness and Wellness All Access QuickFit
Functional Training Room	3:15 PM	5:15 PM	Fitness and Wellness All Access WOD
Functional Training Room	5:30 PM	6:30 PM	Fitness and Wellness Small Group Training - Beginner Strength Training 02 Make Up
Functional Training Room	6:30 PM	8:30 PM	Fitness and Wellness Outreach - ALEC UGA - QuickFit
Gym Central	6:00 AM	11:00 PM	Basketball
Gym East	6:00 AM	7:55 AM	Badminton
Gym East	8:00 AM	8:50 AM	PEDB 1020 Beg Badminton
Gym East	9:05 AM	9:55 AM	PEDB 1020 Beg Badminton
Gym East	9:55 AM	12:15 PM	Badminton
Gym East	12:20 PM	1:10 PM	PEDB 1020 Beg Badminton
Gym East	1:25 PM	2:15 PM	PEDB 1020 Beg Badminton
Gym East	2:15 PM	11:00 PM	Badminton
Gym West	6:00 AM	12:15 PM	Indoor Soccer
Gym West	12:20 PM	1:10 PM	KINS 3120 Striking/Target Act
Gym West	1:25 PM	2:15 PM	KINS 3220 Invasion Activities
Gym West	2:15 PM	11:00 PM	Indoor Soccer
Mind Body Studio	9:05 AM	9:55 AM	PEDB 1150 Self Defense
Mind Body Studio	10:10 AM	11:00 AM	PEDB 1150 Self Defense
Mind Body Studio	12:15 PM	1:15 PM	Fitness and Wellness All Access Yoga
Mind Body Studio	5:30 PM	6:30 PM	Fitness and Wellness All Access Yoga
Mind Body Studio	6:45 PM	7:45 PM	Budokai Club at UGA
Mind Body Studio	8:00 PM	9:00 PM	Fitness and Wellness All Access Vinyasa Yoga
Mind Body Studio	9:15 PM	10:45 PM	Capoeira Club at UGA
Natorium Bleacher Area	6:00 AM	10:00 AM	UGA Swimming and Diving
Natorium Bleacher Area	2:00 PM	6:00 PM	UGA Swimming and Diving



<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Racquetball Court 01-06	6:00 AM	9:00 AM	Racquetball
Racquetball Court 01-06	9:05 AM	9:55 AM	PEDB 1230 Beg Racquetball
Racquetball Court 01-06	10:10 AM	11:00 AM	PEDB 1230 Beg Racquetball
Racquetball Court 01-06	11:15 AM	12:05 PM	PEDB 1230 Beg Racquetball
Racquetball Court 01-06	12:05 PM	2:25 PM	Racquetball
Racquetball Court 01-06	2:30 PM	3:20 PM	PEDB 1230 Beg Racquetball
Racquetball Court 01-06	3:35 PM	4:25 PM	PEDB 1240 Inter Racquetball
Racquetball Court 01-06	4:25 PM	11:00 PM	Racquetball
Racquetball Court 07-09	6:00 AM	11:00 PM	Racquetball
Racquetball Court 10	6:00 AM	11:00 PM	Table Tennis
Rec Pool	6:00 AM	9:00 AM	Swim
Rec Pool	9:05 AM	9:55 AM	PEDB 1300 Beg Swimming
Rec Pool	1:00 PM	10:00 PM	Swim
Rec Pool	5:30 PM	6:00 PM	Discover Abroad Great Barrier Reef Snorkeling Review
Squash Court A & B	6:00 AM	11:00 PM	Squash
Strength and Conditioning 1	6:00 AM	11:00 PM	Strength and Conditioning
Strength and Conditioning 1	6:00 PM	8:00 PM	Powerlifting Club at UGA
Strength and Conditioning 2	6:00 AM	11:00 PM	Strength and Conditioning
Strength and Conditioning 2	8:00 AM	8:50 AM	PEDB 1400 Intro to Wt Train
Strength and Conditioning 2	9:05 AM	9:55 AM	PEDB 1400 Intro to Wt Train
Strength and Conditioning 2	10:10 AM	11:00 AM	PEDB 1400 Intro to Wt Train
Strength and Conditioning 2	11:15 AM	12:05 PM	PEDB 1400 Intro to Wt Train
Strength and Conditioning 2	1:25 PM	2:15 PM	PEDB 1400 Intro to Wt Train
Strength and Conditioning 2	2:30 PM	3:20 PM	PEDB 1400 Intro to Wt Train
Strength and Conditioning 2	3:35 PM	4:25 PM	PEDB 1400 Intro to Wt Train
Studio A	6:30 AM	7:30 AM	Fitness and Wellness All Access Barre Burn
Studio A	7:00 PM	8:00 PM	Fitness and Wellness All Access Barre Burn
Studio A	8:15 PM	8:30 PM	Wrestling Club at UGA - mat cleaning
Studio A	8:30 PM	10:30 PM	Wrestling Club at UGA
Studio A	10:30 PM	10:45 PM	Wrestling Club at UGA - mat cleaning
Studio A	10:45 PM	11:00 PM	Closed for mat cleaning and drying
Studio B	6:45 AM	7:45 AM	Fitness and Wellness All Access BODYPUMP™
Studio B	12:15 PM	1:15 PM	Fitness and Wellness All Access BODYPUMP™
Studio B	5:30 PM	6:30 PM	Fitness and Wellness All Access BODYPUMP™
Studio B	7:00 PM	8:00 PM	Fitness and Wellness All Access Pilates
Studio B	8:15 PM	9:00 PM	Fitness and Wellness All Access Total Body Tone
Studio D	5:15 PM	6:00 PM	Fitness and Wellness All Access Zumba®
Studio D	6:30 PM	7:00 PM	Fitness and Wellness All Access \$1 ABS
Studio D	9:00 PM	10:45 PM	Fencing Club at UGA



<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Studio E	6:30 AM	7:15 AM	Fitness and Wellness All Access Power Cycle
Studio E	5:30 PM	6:30 PM	Fitness and Wellness All Access Walk Georgia Cycle
Studio E	7:00 PM	7:45 PM	Fitness and Wellness All Access Cycle
Track	6:00 AM	11:00 PM	Walking/Jogging/Running
Volleyball Arena	6:00 AM	9:00 AM	Volleyball
Volleyball Arena	9:05 AM	9:55 AM	PEDB 1390 Inter Volleyball
Volleyball Arena	10:10 AM	11:00 AM	PEDB 1380 Beg Volleyball
Volleyball Arena	11:15 AM	12:05 PM	PEDB 1380 Beg Volleyball
Volleyball Arena	12:20 PM	1:10 PM	PEDB 1380 Beg Volleyball
Volleyball Arena	1:10 PM	11:00 PM	Volleyball
<u>REC SPORTS COMPLEX</u>			
<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Rec Sports Complex Field 01	5:00 PM	7:00 PM	Spikeball Club at UGA
Rec Sports Complex Field 01	7:00 PM	9:00 PM	Women's Rugby Club at UGA
Rec Sports Complex Field 02	12:20 PM	1:10 PM	KINS 3120 Striking/Target Act
Rec Sports Complex Field 03-04	12:20 PM	1:10 PM	KINS 3120 Striking/Target Act
Rec Sports Complex Field 03-04	5:00 PM	11:00 PM	Competitive Sports Softball
Rec Sports Complex Field 05	5:00 PM	11:00 PM	Competitive Sports Softball
Rec Sports Complex Field 06	3:35 PM	4:25 PM	PEDB 1280 Ultimate
Rec Sports Complex Field 07	1:25 PM	2:15 PM	KINS 3220 Invasion Activities
Rec Sports Complex Field 08	8:00 AM	8:00 PM	Field
Rec Sports Complex Tennis Court 01-09	8:00 AM	8:00 PM	Tennis
Rec Sports Complex Tennis Court 10-15	8:00 AM	11:00 PM	Tennis
<u>HEALTH SCIENCES CAMPUS</u>			
<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Pound Hall	11:00 AM	9:00 PM	Strength and Conditioning
Wheeler Gym	11:00 AM	9:00 PM	Basketball
<u>CLUB SPORTS COMPLEX</u>			
<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Club Sports Practice Field	5:00 PM	7:00 PM	Women's Lacrosse Club at UGA
Club Sports Practice Field	7:00 PM	9:00 PM	Men's Lacrosse Club at UGA