



Informal Recreation Schedule:

Badminton: 6am-2pm & 5:30-9pm Gym East
 Basketball: 6am-2:30pm & 5:15-9pm Gym West, 2:15-5:15pm Gym East **and** 11am-7pm Wheeler Gym
 Bouldering & Climbing: 12-2pm & 5-8pm Bouldering Wall
 Fields: 8am-8pm Rec Sports Complex Field 08 (weather & field condition permitting)
 Indoor Soccer: Not scheduled due to skylight replacement.
 Racquetball: 6am-12:55pm & 2:40-9pm Racquetball Court 01-06 and 6am-9pm Racquetball Court 07 & 09-10
 Squash: 6am-9pm Squash Court A & B
 Strength & Conditioning: 6am-9pm S&C 1 **and** 11am-7pm Pound Hall
 Swim: 6-11am & 1-8pm Rec Pool **and** 11am-1pm & 5:30-8pm 50 Meter Pool
 Table Tennis: 6am-9pm Racquetball Court 07
 Tennis: 8-8:55am & 10:40am-8pm RSC Tennis Court 01-06, 8am-8pm Tennis Court 07-09 & 8am-9pm Tennis Court 10-15 (weather and court condition permitting)
 Volleyball: Not scheduled due to annual wood floor refinishing.
 Walking/Jogging/Running: Closed due to skylight renovations.

Equipment Checkout: 6am-9pm

Outdoor Rec Center: 2pm-6pm

Climbing Wall Courtyard: 10am-8pm

Membership Services: 8am-4:45pm

Pro Shop: 6am-9pm

Rec Pool Courtyard: 10am-8pm

Facility Manager Set Ups:

8am or when requested, unlock Studio D for Challenge Course Facilitators
9:55am unlock doors to Climbing Wall Courtyard
11:45am or when Studio D clear after Challenge Course, make sure doors locked & shut
1:30pm meet Duke TIP Sports Medicine Group (18 people) at Admissions Desk to provide guided facility tour.
2pm break down badminton & lower basketball goals in Gym East
2:30pm raise basketball goals & set up volleyball at women's height in Gym West
5pm break down volleyball & lower basketball goals in Gym West
5:15pm raise basketball goals & set up badminton in Gym East
8pm lock doors to Climbing Wall Courtyard

Admissions Desk Staff:

~8:45am Admit UGA Graduate School Group & direct to Studio D for Challenge Course.

SPECIAL EVENTS

Gym Central, Track & Track Overlook are closed for skylight replacement. Areas scheduled to reopen in August.
Climbing Wall is closed for floor replacement. Scheduled to reopen in July.
Strength and Conditioning 2 is closed for floor replacement. Scheduled to reopen in August.
Volleyball Arena is closed for Annual Floor Refinishing through Thur 7/12.
Climbing Wall Courtyard will be closed Mon 7/2 through Sun 7/8 due to Climbing Wall floor replacement project.

Studio D	9:00 AM	11:30 AM	UGA Graduate School Challenge Course
Rec Pool	4:30 PM	7:00 PM	Aquatics - Learn to Swim - Youth Session 02

RAMSEY STUDENT CENTER - ACTIVITY AREA

<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
50 Meter Pool	7:00 AM	9:00 AM	UGA Swimming & Diving
50 Meter Pool	9:00 AM	12:00 PM	Athens Bulldog Swim Club
50 Meter Pool	11:00 AM	1:00 PM	Swim



<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
50 Meter Pool	3:00 PM	5:00 PM	UGA Swimming
50 Meter Pool	3:30 PM	5:00 PM	Athens Bulldog Swim Club
50 Meter Pool	5:30 PM	8:00 PM	Swim
Bouldering Wall	12:00 PM	2:00 PM	Open Wall Hours
Bouldering Wall	5:00 PM	8:00 PM	Open Wall Hours
Boxing Studio	5:30 PM	6:30 PM	Fitness & Wellness Small Group Training - Boxing 101 Session 1
Boxing Studio	7:00 PM	8:00 PM	Fitness & Wellness Unlimited - Kickboxing Jam
Diving Well	6:15 AM	7:15 AM	Fitness & Wellness Unlimited - Deep Water
Diving Well	7:00 AM	9:00 AM	UGA Diving and Swimming
Diving Well	9:00 AM	11:00 AM	Georgia Diving Club
Diving Well	3:00 PM	5:00 PM	UGA Diving and Swimming
Functional Training Room	12:15 PM	12:45 PM	Fitness & Wellness Unlimited - QuickFit
Functional Training Room	3:30 PM	5:30 PM	Fitness & Wellness Unlimited - WOD
Functional Training Room	5:45 PM	6:45 PM	Fitness & Wellness Small Group Training - Beginner Strength Training Session 1
Functional Training Room	7:00 PM	8:00 PM	Fitness & Wellness Small Group Training - Women's Weightlifting Session 1
Gym East	6:00 AM	2:00 PM	Badminton
Gym East	2:15 PM	5:15 PM	Basketball
Gym East	5:30 PM	9:00 PM	Badminton
Gym West	6:00 AM	2:30 PM	Basketball
Gym West	3:00 PM	5:00 PM	UGA Volleyball
Gym West	5:15 PM	9:00 PM	Basketball
Mind Body Studio	12:15 PM	1:15 PM	Fitness & Wellness Unlimited - Yoga
Mind Body Studio	5:30 PM	6:30 PM	Fitness & Wellness Unlimited - Walk GA Yoga
Mind Body Studio	6:45 PM	8:15 PM	Budokai Club at UGA
Natorium Bleacher Area	7:00 AM	11:00 AM	UGA Swimming and Diving
Natorium Bleacher Area	2:00 PM	6:00 PM	UGA Swimming and Diving
Racquetball Court 01-06	6:00 AM	12:55 PM	Racquetball
Racquetball Court 01-06	1:00 PM	2:40 PM	PEDB 1230 Beg Racquetball
Racquetball Court 01-06	2:40 PM	9:00 PM	Racquetball
Racquetball Court 07	6:00 AM	9:00 PM	Table Tennis
Racquetball Court 09-10	6:00 AM	9:00 PM	Racquetball



<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Rec Pool	6:00 AM	11:00 AM	Swim
Rec Pool	1:00 PM	8:00 PM	Swim
Rec Pool	4:30 PM	7:00 PM	Aquatics - Learn to Swim - Youth Session 02
Squash Court A & B	6:00 AM	9:00 PM	Squash
Squash Court Bleachers	8:00 AM	9:40 AM	PEDB 1950 FFL Walking
Strength and Conditioning 1	6:00 AM	9:00 PM	Strength and Conditioning
Strength and Conditioning 1	12:00 PM	1:40 PM	PEDB 1400 Intro to Wt Train
Strength and Conditioning 1	3:30 PM	5:10 PM	PEDB 1400 Intro to Wt Train
Studio A	10:00 AM	11:40 AM	PEDB 1920 FFL Body Condition
Studio A	6:30 PM	7:30 PM	Fitness & Wellness Unlimited - Drop It
Studio B	12:15 PM	1:15 PM	Fitness & Wellness Unlimited - BODYPUMP™
Studio B	5:30 PM	6:30 PM	Fitness & Wellness Unlimited - BODYPUMP™
Studio B	6:45 PM	7:45 PM	Fitness & Wellness Unlimited - Pilates
Studio D	9:00 AM	11:30 AM	UGA Graduate School Challenge Course
Studio D	5:00 PM	6:00 PM	Fitness & Wellness Unlimited - POUND®
Studio D	7:00 PM	8:00 PM	Fitness & Wellness Unlimited - TRX® Yoga
Studio E	6:30 AM	7:30 AM	Fitness & Wellness Unlimited - Cycle
Studio E	2:50 PM	4:30 PM	PEDB 1910 FFL Indoor Cycle
<u>REC SPORTS COMPLEX</u>			
<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Rec Sports Complex Field 08	8:00 AM	8:00 PM	Field
Rec Sports Complex Tennis Court 01-06	8:00 AM	8:55 AM	Tennis
Rec Sports Complex Tennis Court 01-06	9:00 AM	10:40 AM	PEDB 1350 Beg Tennis
Rec Sports Complex Tennis Court 01-06	10:40 AM	8:00 PM	Tennis
Rec Sports Complex Tennis Court 07-09	8:00 AM	8:00 PM	Tennis
Rec Sports Complex Tennis Court 10-15	8:00 AM	9:00 PM	Tennis
<u>HEALTH SCIENCES CAMPUS</u>			
<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Pound Hall	11:00 AM	7:00 PM	Strength and Conditioning
Wheeler Gym	11:00 AM	7:00 PM	Basketball