



# Recreational Sports

Student Affairs

UNIVERSITY OF GEORGIA

## **Fitness & Wellness Graduate Assistant Position Description 2023-2024**

9-MONTH POSITION BEGINNING AUGUST 1, 2023  
*Renewable for a second year*

The Fitness & Wellness (F&W) Graduate Assistant performs a significant role in the administration of the Fitness & Wellness program. Under the supervision of the Assistant Director and Coordinator for Fitness & Wellness, the Graduate Assistant serves as a leader and liaison to the F&W team (made up of Fitness Monitors, Personal Trainers, and Group Fitness Instructors).

### **RESPONSIBILITIES:**

1. Assist with the coordination and development of all F&W programs including Personal Training, Group Fitness, Small Group Training, Campus Well-being Initiatives, Outreach, and Special Events.
2. Assist with recruiting, hiring, training, supervising, evaluating, and scheduling 100+ F&W staff, including 6 program assistants.
3. Facilitate and plan team meetings for F&W student program assistants.
4. Work closely with F&W program assistants to schedule, plan, and facilitate monthly area meetings as well as annual all-staff trainings.
5. Lead training, mentoring and continuing education efforts for F&W staff and participants through instruction of the NASM Personal Trainer or AFAA Group Fitness Instructor Prep Course, staff meetings, educational experiences, hosting fitness certifications, and workshop/conference attendance.
6. Support campus well-being efforts and initiatives in collaboration with Student Affairs units.
7. Maintain an active presence in the Department of Recreational Sports.
8. Serve as a substitute Group Fitness Instructor and Personal Trainer as needed.
9. Uphold standards set forth in the Recreational Sports and F&W staff handbook.
10. Work cooperatively with all Recreational Sports staff and assist with departmental special events and area marketing.
11. Complete other relevant duties as assigned.

### **QUALIFICATIONS:**

1. Bachelor's Degree required, preferably in Exercise Science, Kinesiology, Recreation, Sport Management, or related field.
2. Minimum of two years' experience in a Recreational Sports program including personal training or group fitness instruction experience preferred.
3. Acceptance into a graduate program at the University of Georgia.
4. Hold a current American Red Cross CPR/First Aid/AED certification.
5. Hold a current nationally recognized personal training and/or group fitness certification (i.e., ACSM, NASM, ACE, NSCA, AFAA).

Please be aware that offers for assistantship positions are contingent upon acceptance into the University Graduate School and the specific degree program you are applying for. Varying deadlines exist for all applications and it is the responsibility of the applicant to beware of these and apply accordingly.

Please follow [this link](#) to learn about domestic application deadlines for the UGA Graduate School. However, specific graduate programs have separate AND earlier deadlines (see below). Applicants MUST be accepted into the Graduate School before they can be accepted into the degree program of their choice. <http://grad.uga.edu/>

- Stipend for 9.5-month (August thru mid-May) 20 hours per week assignment: \$22,483.00 (there may be slight changes to this amount as budget development season approaches)
- Summer employment is available after your first year of employment.
- Full tuition waiver is applied. All graduate students pay a \$25/semester tuition plus applicable fees; information on fees can be found at [bursar.uga.edu](http://bursar.uga.edu). All students on assistantship are required to have health insurance and mandatory health insurance premiums will be deducted from your assistantship paycheck unless students qualify for to opt out of the University System's insurance plan. More info on health insurance can be found at [www.hr.uga.edu/students](http://www.hr.uga.edu/students).

There are many graduate degree programs offered at the University of Georgia. If you have questions, please feel free to contact us at [recsports@uga.edu](mailto:recsports@uga.edu).

### **Common graduate programs that other Rec Sports graduate assistants have been enrolled in:**

- Sport Management and Policy: <https://coe.uga.edu/academics/degrees/ms-kinesiology-sport-management-policy>
- Exercise Physiology: <https://coe.uga.edu/academics/degrees/ms-kinesiology-exercise-physiology>
- Strength, Conditioning, and Fitness: <https://coe.uga.edu/academics/degrees/ms-kinesiology-strength-conditioning-fitness>
- Master of Public Health in the College of Public Health: <http://www.publichealth.uga.edu/academics/mph>
- Master of Education in College Student Affairs Administration: <https://coe.uga.edu/academics/degrees/med-college-student-affairs-administration>
- Sports Nutrition: <https://www.fcs.uga.edu/fdn/graduate-sports-nutrition-emphasis>

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