SAND VOLLEYBALL RULES

These rules are a supplement to the National Federation of High School Rules. Participants must present a physical copy of their UGA ID card, a picture of their UGA ID card (front and back), or their Digital Student Profile from Athena before every game... NO EXCEPTIONS!

A. COURT/EQUIPMENT DIMENSIONS
   a. The court is 26.25 feet x 52.5 feet.
   b. The Women’s net height is 7’ 4”.
   c. Men’s & Co-Rec net height is 8’.

   ![Regulation Beach Court Dimensions - Doubles](image)

B. PLAYERS
   a. Teams must arrive 15-minutes prior to the scheduled game time to allow time for sign-in, ID check, and warm-up.
   b. The match shall be played between two teams of two players each.
   c. If a team does not have two players at its assigned court, signed in, and ready to play at its scheduled game time, the clock will start, and the following penalties will occur:
      i. 1-MINUTE LATE = 2-0; 2 MINUTES LATE = 4-0; 3 MINUTES LATE = 6-0; 4 MINUTES LATE = 8-0 (END OF GAME AFTER 5 MINUTES, SCORE 8-0)
      ii. If a match is scheduled for 5:30pm, once the Competitive Sports Staff’s official clock reads 5:35pm, that game will be declared a default/forfeit.
   d. Matches will be played best two-out-of-three games to determine a winner.
   e. A coin toss will determine court or service.

C. ROTATION
   a. Teams do not have to rotate positions; however, serving order must remain constant. Each player must be in the serving order.
   b. A serve order fault will result in a side out and point for the opponent.
D. SUBSTITUTION
   a. Substitutions may only be made on a rotation basis. Following a point won by the receiving team and the subsequent rotation, the front right player may exit the game, and a substitute may enter the game in the right back position.

E. SERVING
   a. To serve the ball, the server must stand behind the end line and between the sidelines. The server has five-seconds to serve the ball after the referee has blown the whistle.
   b. Members of each team serve in turn with one server continuing his/her serve until a point is won by the opposing team.
   c. Let services are legal.
   d. Setting the serve is legal.
   e. Attacking the serve is not allowed, and will result in a point for the service team.

F. PLAY
   a. No more than three hits are allowed to get the ball over the net. Four plays constitutes a violation (except in the case of blocking – see rule G.d.).
   b. If the ball touches the boundary line, it is considered good.
   c. A player may not enter an adjoining court at any time. A point or side-out will be awarded.
   d. A ball may be recovered from the net anytime during the match.
   e. Teams shall change courts at the end of each game. In the third game, teams will change sides at once a team has reached 8 points.

G. SCORING
   a. There will be a time limit of 45-minutes per match.
      i. There will be no time limit for the Semifinal and Final matches during tournament play.
   b. Rally point scoring will be used for all games. This means every time there is a serve, there will be a point to win for either team.
   c. Games will be played to 25 points, with a 27-point cap. A team must win by 2 points unless time expires. If time expires, the team leading will be declared the winner. The third game will be played to 15 points, with a 17-point cap.

H. FOULS
   a. It is a foul to step or have any other body part completely over the center line. It is not a foul to step on the line.
   b. Touching the net with any part of the body (excluding hair, shirt, etc) is a foul, except when the ball is driven into the net, causing it to hit an opposing player.
   c. It is an error to catch, lift, push, or throw the ball. The rules distinctly state that the ball must be “rebounded.”
   d. The ball may not be touched by the same player twice in succession, however, after a ball has been blocked, the same player may hit the ball again. The block does not count as a touch.

I. PLAYER CONDUCT
   a. Unsportsmanlike conduct will not be tolerated.
   b. Officials will administer yellow and red cards for misconduct by players or coaches.
      i. A yellow card is used as a warning for the first minor offense.
ii. A red card is used as a penalty for a second minor offense by the same individual or a single serious offense. 

iii. If a card is given, side-out is awarded to the opponent. 

iv. Two yellow cards or one red card will constitute an ejection from the game. Any player ejected from a game will face disciplinary action as outlined in the IM Sports Participant Guide. 

c. Taunting an opponent is considered unsportsmanlike conduct. 

d. Spitting anywhere other than into the proper receptacle is considered unsportsmanlike conduct. 

J. CO-REC RULES 

a. Each team will consist of 2-participants. 

b. A team may play with a minimum of 2-players. 

c. Teams can legally play with the following male/female combinations: 
   i. 1 female & 1 male 

d. When the ball is played more than one time by a team, both genders must be involved in the play. 

K. CLUB PLAYERS 

a. A club sport member is defined as any individual who is on the club sport’s roster and participates in practices and/or plays in games. 

b. Once you are on or considered on the club team these restrictions apply for the entire school year (August 1st through July 31st). Those who violate this rule will be subject to further penalty outlined in the disciplinary section of the IM Participant Guide. 

c. Club sports members shall be eligible for intramural participation in the sport of their specialty, but a team is restricted to having only ONE such participant on its roster. All co-recreational teams can have one female club player and one male club player. No co-recreational teams can have multiple same gender club players on their roster. 

d. Any team found violating this rule will risk forfeiting its season. 

e. Any player who violates this rule will be suspended for one calendar year from the date of infraction and may be subject to further penalty as deemed appropriate by the specialist for Intramural Sports and/or the Club Sports Executive Committee. 

The Department of Recreational Sports 
A Division of Student Affairs 
Intramural Sports 

Email: compsports@uga.edu 
Phone: 706-542-5060 
Website: https://recsports.uga.edu/