

Informal Recreation Schedule (subject to change):

Badminton: 6-7:55am, 10:05am-12:35pm, 2:45-5:55pm, & 8:05-11pm Gym East Basketball: 6-9:05am & 11:15am-11pm Gym Central, 9-11:15am Gym West, <u>and</u> 11am-9pm (Court 01 4:30-7pm; not available 6:45-9pm if inclement weather) Wheeler Gym Bouldering & Climbing: 5-8pm Bouldering & Climbing Walls Fields: 8am-12:35pm & 2:45-8pm Rec Sports Complex Field 08 (weather and field condition permitting) Indoor Soccer: 6-8:50am (not available 6-7am if inclement weather) & 11:20am-11pm (not available 12:35-2:45pm if inclement weather/field closure) Gym West Pickleball: 8am-11pm Rec Sports Complex Pickleball Court 01-06 (weather and court condition permitting) Racquetball: 6-9:05am & 12:25-11pm Racquetball Court 01-06 & 6am-11pm Racquetball Court 08-09 Squash: 6am-11pm Squash Court A & B Strength & Conditioning: 6am-11pm S&C 1 and S&C 2 <u>and</u> 11am-9pm Pound Hall Swim: Please visit https://recsports.uga.edu/swim-schedule-policies/ for schedule. Table Tennis: 6am-11pm Racquetball Court 07 & 10 Tennis: 8am-8pm Rec Sports Complex Tennis Court 01-09 (weather and court condition permitting) Volleyball: 6-7:55am & 1:35-10:45pm Volleyball Arena Walking/Jogging/Running: 6am-11pm Track

Climbing Wall Courtyard: 10am-8pm Membership Services: 8am-4:45pm Equipment Checkout & Pro Shop: 6am-11pm Outdoor Rec Center: 2-8pm

Facility Manager Set Ups (initial on line upon completion):

5:45am make sure Studio A-F & Boxing Studio Doors are shut and locked and lights are off and Gym West basketball goals are raised for IR Soccer 7:15am call UPD to collect valuable items & rotate items into business office safe 7:30am meet PEDB 1150 Instructor at Studio F to unlock door & turn on lights for 8am class _7:50am meet PEDB 1400 Instructor at Studio D to unlock door for 8am class 8:50am clear Gym West and lower basketball goals for IR Basketball 8:55am clear Studio F after PEDB 1150 after 8am class, turn off lights and lock & shut doors 9:05am meet PEDB 1400 Instructor at Studio D to unlock doors for 9:10am class 9:50am unlock doors to Climbing Wall Courtyard 10:15am meet Instructors at Studio D (1400) and Studio F (1150) to unlock doors & turn on lights for 10:20am PEDB Classes 10:45am make sure Classroom 224 is unlocked for Competitive Sports Staff 11:10am clear Studio F after 10:20am PEDB 1150 Class, turn off lights and lock & shut doors 11:15am raise Gym West basketball goals for IR Soccer 11:25am meet PEDB 1400 Instructor at Studio D to unlock doors for 11:30am class _ 12:20pm clear Studio D after 11:30am PEDB 1400 Class, turn off lights and lock & shut doors 12:35pm if KINS 3120 or 3220 need to use Gym West, lower basketball goals if requested 1:45pm meet PEDB 1400 Instructor at Studio D to unlock doors for 1:50pm class 2:40pm if KINS 3110 &/or 3210 used Gym West, make sure all basketball goals are raised for IR Soccer 2:55pm meet PEDB 1400 Instructor at Studio D to unlock doors for 3pm class 4:05pm meet PEDB 1400 Instructor at Studio D to unlock door for 4:10pm classes 5pm clear Studio D after 4:10pm PEDB 1400 Class, turn off lights and lock & shut doors 5:55pm clear Gym East for Badminton Club 6:55pm meet Red Hotz Club at Studio B and Fencing Club at Studio D to unlock doors and turn on lights 7:55pm meet Budokai Club at Studio F to unlock doors and turn on lights 8pm clear Climbing Wall Courtyard, shut & lock doors 9pm clear Studio B after Red Hotz Club practice, turn off lights and lock and shut doors 9pm clear Studio D after Fencing Club practice, turn off lights, lock and shut doors and accompany club to old Equipment Checkout for equipment return 9:30pm clear Studio F after Budokai Club practice, turn off lights and lock & shut doors 10:45pm make sure all Volleyball Arena nets are at women's height

Admissions Desk Staff:

6am If inclement weather, admit Air Force ROTC Cadets that cannot admit themselves via turnstiles. Instructors Eyers, Niederhiser, Pyon, Fore, or Sample should identify these participants.



SPECIAL EVENTS

| Last day of Spring Semester 2024 Academic Classes. Bouldering & Climbing Walls will be closed 12-2pm. Fitness & Wellness Classes are not scheduled on Read Locker renewal for Summer 2024 for Students & their I | | | amaster 2024 lockers I ast day is Mon 5/13 |
|---|--------------------------|------------------------|---|
| <u>Location</u> Conference Room 226 | <u>Start</u> 10:30 AM | <u>End</u> 11:30 AM | Event PLC Distribution Meeting - Lisa |
| Classroom 224 | 11:00 AM | 12:00 PM | Competitive Sports |
| Rec Sports Complex Field 08 | 12:40 PM | 1:40 PM | KINS 3120 Striking/Target Act |
| Rec Sports Complex Field 08 Conference Room 227A | 1:40 PM 2:45 PM | 2:40 PM 3:45 PM | KINS 3220 Invasion Activ Aquatics Interviews |
| Lake Herrick Conference Room & Pavilion | 2:45 PM 4:00 PM | 3.45 PM 8:30 PM | Competitive Sports Banquet |
| Classroom 119 | 4:00 PM 6:00 PM | 8:30 PM | Aquatics Safety Training CPR For the Professional Rescuers |
| RAMSEY STUDENT CENTER - ACADEMIC WING | | | |
| Location Classroom 224 | <u>Start</u> 11:00 AM | <u>End</u> 12:00 PM | <u>Event</u> Competitive Sports |
| Conference Room 226 | 10:30 AM | 11:30 AM | PLC Distribution Meeting - Lisa |
| Conference Room 227A | 2:45 PM | 3:45 PM | Aquatics Interviews |
| RAMSEY STUDENT CENTER - ACTIVITY AREA | . | | |
| Location 50 Meter Pool | <u>Start</u> 10:20 AM | <u>End</u> 11:10 AM | <u>Event</u> PEDB 1310 Inter Swimming |
| Bouldering Wall | 5:00 PM | 8:00 PM | Supervised Climbing |
| Boxing Studio | 4:15 PM | 5:00 PM | Fitness & Wellness Group Fitness CardioBox |
| Boxing Studio | 5:15 PM | 6:15 PM | Fitness & Wellness Small Group Training Session 2 Boxing 101 #1 |
| Boxing Studio | 6:30 PM | 7:30 PM | Fitness & Wellness Small Group Training Session 2 Boxing 201 #2 |
| Classroom 119 | 6:00 PM | 8:30 PM | Aquatics Safety Training CPR For the Professional Rescuers |
| Climbing Wall | 5:00 PM | 8:00 PM | Supervised Climbing |
| Gym Central | 6:00 AM | 9:05 AM | Basketball |
| Gym Central | 9:10 AM | 10:00 AM | PEDB 1040 Beg Basketball |
| Gym Central Gym Central | 10:20 AM 11:15 AM | 11:10 AM 11:00 PM | PEDB 1040 Beg Basketball Basketball |
| Gym East | 6:00 AM | 7:55 AM | Badminton |
| Gym East | 8:00 AM | 8:50 AM | PEDB 1020 Beg Badminton |
| Gym East | 9:10 AM | 10:00 AM | PEDB 1020 Beg Badminton |
| Gym East | 10:05 AM | 12:35 PM | Badminton |
| Gym East | 12:40 PM 1:50 PM | 1:30 PM 2:40 PM | PEDB 1020 Beg Badminton PEDB 1020 Beg Badminton |
| Gym East Gym East | 2:45 PM | 2.40 PM 5:55 PM | Badminton |
| Gym East | 6:00 PM | 8:00 PM | Competitive Sports Badminton Club |
| Gym East | 8:05 PM | 11:00 PM | Badminton |
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| | Recreational Sports |
|--------|----------------------------|
| | Student Affairs |
| 1785 " | UNIVERSITY OF GEORGIA |

| Location | <u>Start</u> | <u>End</u> | <u>Event</u> |
|---------------------------------------|--------------|------------|---|
| Gym West | 6:00 AM | 7:00 AM | AIRS 1002L-4002L Leader Lab II GMC (inclement weather location) |
| Gym West | 6:00 AM | 8:50 AM | Indoor Soccer |
| Gym West | 9:00 AM | 11:15 AM | Basketball |
| Gym West | 11:20 AM | 11:00 PM | Indoor Soccer |
| Gym West (inclement weather location) | 12:40 PM | 1:40 PM | KINS 3120 Striking/Target Act |
| Gym West (inclement weather location) | 1:40 PM | 2:40 PM | KINS 3220 Invasion Activ |
| Racquetball Court 01-06 | 6:00 AM | 9:05 AM | Racquetball |
| Racquetball Court 01-06 | 9:10 AM | 10:00 AM | PEDB 1230 Beg Racquetball |
| Racquetball Court 01-06 | 10:20 AM | 11:10 AM | PEDB 1230 Beg Racquetball |
| Racquetball Court 01-06 | 11:30 AM | 12:20 PM | PEDB 1230 Beg Racquetball |
| Racquetball Court 01-06 | 12:25 PM | 11:00 PM | Racquetball |
| Decount hall Court 07.8.10 | 6:00 AM | | Table Tennis |
| Racquetball Court 07 & 10 | 0.00 AW | 11:00 PM | |
| Racquetball Court 08-09 | 6:00 AM | 11:00 PM | Racquetball |
| Rec Pool | 9:10 AM | 10:00 AM | PEDB 1300 Beg Swimming |
| | 0.1074 | 10.007.00 | |
| Squash Court A & B | 6:00 AM | 11:00 PM | Squash |
| Strength and Conditioning 1 | 6:00 AM | 11:00 PM | Strength and Conditioning |
| Strength and Conditioning 2 | 6:00 AM | 11:00 PM | Strength and Conditioning |
| Strength and Conditioning 2 | 8:00 AM | 8:50 AM | PEDB 1400 Intro to Wt Train |
| Strength and Conditioning 2 | 9:10 AM | 10:00 AM | PEDB 1400 Intro to Wt Train |
| Strength and Conditioning 2 | 10:20 AM | 11:10 AM | PEDB 1400 Intro to Wt Train |
| Strength and Conditioning 2 | 11:30 AM | 12:20 PM | PEDB 1400 Intro to Wt Train |
| Strength and Conditioning 2 | 1:50 PM | 2:40 PM | PEDB 1400 Intro to Wt Train |
| Strength and Conditioning 2 | 3:00 PM | 3:50 PM | PEDB 1400 Intro to Wt Train |
| Strength and Conditioning 2 | 4:10 PM | 5:00 PM | PEDB 1400 Intro to Wt Train |
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| Studio A | 5:30 PM | 6:30 PM | Fitness & Wellness Group Fitness Cardio Barre |
| Studio A | 6:45 PM | 7:30 PM | Fitness & Wellness Group Fitness Pilates |
| Studio B | 6:45 AM | 7:45 AM | Fitness & Wellness Group Fitness 20/20/20 |
| Studio B | 12:15 PM | 1:15 PM | Fitness & Wellness Group Fitness BODYPUMP™ |
| Studio B | 5:15 PM | 6:00 PM | Fitness & Wellness Group Fitness HIIT |
| Studio B | 7:00 PM | 9:00 PM | Competitive Sports Red Hotz Club |
| Studio C | 12:30 PM | 1:00 PM | Fitness & Wellness Group Fitness QuickFit |
| Studio C | 5:15 PM | 6:15 PM | Fitness & Wellness Small Group Training Session 2 Happy, Alive and Built to Survive |
| Studio C | 6:45 PM | 7:45 PM | Fitness & Wellness Small Group Training Session 2 Kickboxing 201 |
| Studio D | 8:00 AM | 8:50 AM | PEDB 1400 Intro to Wt Train |
| Studio D | 9:10 AM | 10:00 AM | PEDB 1400 Intro to Wt Train |
| Studio D | 10:20 AM | 11:10 AM | PEDB 1400 Intro to Wt Train |
| Studio D | 11:30 AM | 12:20 PM | PEDB 1400 Intro to Wt Train |
| Studio D | 1:50 PM | 2:40 PM | PEDB 1400 Intro to Wt Train |
| | 1.001 101 | 2.10110 | |



| Location | <u>Start</u> | <u>End</u> | <u>Event</u> |
|------------------|--------------|------------|--|
| Studio D | 3:00 PM | 3:50 PM | PEDB 1400 Intro to Wt Train |
| Studio D | 4:10 PM | 5:00 PM | PEDB 1400 Intro to Wt Train |
| Studio D | 5:45 PM | 6:45 PM | Fitness & Wellness Group Fitness Zumba® |
| Studio D | 7:00 PM | 9:00 PM | Competitive Sports Fencing Club |
| Studio E | 6:30 AM | 7:15 AM | Fitness & Wellness Group Fitness Cycle |
| Studio E | 5:30 PM | 6:15 PM | Fitness & Wellness Group Fitness Cycle |
| Studio F | 8:00 AM | 8:50 AM | PEDB 1150 Self Defense |
| Studio F | 10:20 AM | 11:10 AM | PEDB 1150 Self Defense |
| Studio F | 4:15 PM | 5:15 PM | Fitness & Wellness Group Fitness Yoga & Meditation |
| Studio F | 6:45 PM | 7:45 PM | Fitness & Wellness Small Group Training Session 2 Kickboxing 201 |
| Studio F | 8:00 PM | 9:30 PM | Competitive Sports Budokai Club |
| Track | 6:00 AM | 11:00 PM | Walking/Jogging/Running |
| Volleyball Arena | 6:00 AM | 7:55 AM | Volleyball |
| Volleyball Arena | 8:00 AM | 8:50 AM | PEDB 1380 Beg Volleyball |
| Volleyball Arena | 9:10 AM | 10:00 AM | PEDB 1390 Inter Volleyball |
| Volleyball Arena | 10:20 AM | 11:10 AM | PEDB 1380 Beg Volleyball |
| Volleyball Arena | 11:30 AM | 12:20 PM | PEDB 1380 Beg Volleyball |
| Volleyball Arena | 12:40 PM | 1:30 PM | PEDB 1380 Beg Volleyball |
| Volleyball Arena | 1:35 PM | 10:45 PM | Volleyball |



<u>REC SPORTS COMPLEX</u> - Activities are weather and court/field condition permitting.

| Lake Herrick Conference Room & Pavilion | <u>Start</u> 4:00 PM | <u>End</u> 8:30 PM | <u>Event</u> Competitive Sports Banquet |
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| Rec Sports Complex Field 03 | 7:00 PM | 9:00 PM | Competitive Sports Men's Ultimate Frisbee Club |
| Rec Sports Complex Field 08 Rec Sports Complex Field 08 Rec Sports Complex Field 08 Rec Sports Complex Field 08 | 8:00 AM 12:40 PM 1:40 PM 2:45 PM | 12:35 PM 1:40 PM 2:40 PM 8:00 PM | Field KINS 3120 Striking/Target Act KINS 3220 Invasion Activ Field |
| Rec Sports Complex Field 09 | 6:00 AM | 7:00 AM | AIRS 1002L-4002L Leader Lab II GMC |
| Rec Sports Complex Pickleball Court 01-06 | 8:00 AM | 11:00 PM | Pickleball |
| Rec Sports Complex Tennis Court 01-09 | 8:00 AM | 8:00 PM | Tennis |
| Rec Sports Complex Tennis Pavilion | 4:00 PM | 7:30 PM | Competitive Sports Rowing Club |
| HEALTH SCIENCES CAMPUS Location Pound Hall | <u>Start</u> 11:00 AM | <u>End</u> 9:00 PM | <u>Event</u> Strength & Conditioning |
| Wheeler Gym Court 01 Wheeler Gym Court 02 Wheeler Gym (inclement weather location) Wheeler Gym (inclement weather location) Wheeler Gym (inclement weather location) | 11:00 AM 11:00 AM 4:30 PM 4:45 PM 6:45 PM 7:00 PM 6:45 PM 7:00 PM 9:00 PM | 9:00 PM 4:30 PM 4:45 PM 6:45 PM 7:00 PM 9:00 PM 9:00 PM 9:00 PM 9:15 PM | Basketball Basketball Competitive Sports Wrestling Club - mat set up Competitive Sports Wrestling Club Competitive Sports Wrestling Club-break down Basketball Competitive Sports Archery Club-set up Competitive Sports Archery Club Competitive Sports Archery Club |
| CLUB SPORTS COMPLEX Location Practice Field | <u>Start</u> 5:00 PM | <u>End</u> 7:00 PM | <u>Event</u> Competitive Sports Women's Lacrosse Club |