



Informal Recreation Schedule (subject to change):

Badminton: 6-7:30am & 7:35-8pm Gym East
 Basketball: 6-7:55am & 11:15am-5pm Gym Central, 8-9:30am & 4:15-11pm Gym West, **and** 11am-9pm Wheeler Gym
 Bouldering & Climbing: 12-2pm & 5-8pm Bouldering & Climbing Walls
 Fields: 8am-8pm Rec Sports Complex Field 08 (weather and field condition permitting)
 Indoor Soccer: 6-7:55am & 11:20am-2:15pm Gym West
 Pickleball: 8am-11pm Rec Sports Complex Pickleball Court 01-06 & 1:25-11pm Rec Sports Complex Pickleball Court 07-18 (weather and court condition permitting) and 8-8:50am & 10:55am-1:30pm Gym East (if not using used by PEDB 1800)
 Racquetball: 6-9am, 10am-1:35pm, & 3:45-11pm (Court 03-06 5-11pm) Racquetball Court 01-06 and 6am-11pm Racquetball Court 08-09
 Squash: 6am-11pm Squash Court A & B
 Strength & Conditioning: 6am-7:30pm S&C 1 and 6am-11pm S&C 2 **and** 11am-9pm Pound Hall
 Swim: 6-8:30am & 4-10pm Rec Pool and 11am-2pm 50 Meter Pool - Please visit <https://recsports.uga.edu/swim-schedule-policies/> for updates.
 Table Tennis: 6am-11pm Racquetball Court 07 & 10
 Tennis: 5:15-8pm Rec Sports Complex Tennis Court 01-04 & 5:15-11pm Rec Sports Complex Tennis Court 05-09 (weather and court condition permitting)
 Volleyball: 6-7:55am, 10-11:20am, & 1:25-10:45pm (not available 4-11pm if inclement weather) Volleyball Arena
 Walking/Jogging/Running: 6am-11pm Track

Climbing Wall Courtyard: 10am-10pm

Membership Services: 8:30am-4:30pm & shop.recports.uga.edu

Equipment Checkout & Pro Shop: 6am-11pm

Outdoor Rec Center: 5-8pm

Facility Manager Set Ups (initial on line upon completion):

- _____ **5:45am** make sure Studio A-F & Boxing Studio Doors are shut and locked and lights are off **and** Gym West basketball goals are raised for IR Soccer
- _____ **7:30am** move Gym East badminton nets to pickleball hooks (net should be 34 inches in the middle and 36 inches on the end)
- _____ **7:50am** meet Instructors at following Studios to unlock doors & turn on lights for 8am PEDB classes: Studio D (1400), Studio E (1910), & Studio F (1150)
- _____ **7:55am** clear Gym West & lower basketball goals
- _____ **8:07am** meet PEDB 1150 Class at Boxing Studio to unlock door & turn on lights
- _____ **8:55am** clear Boxing Studio and Studio F after PEDB 1150, turn off lights and shut & lock doors
- _____ **9am** meet PEDB 1400 Instructor at Studio D to unlock door for 9:05am class
- _____ **9:20am** meet KINS 7040 Instructor in Gym East to see if pickleball nets need to be broken down for class
- _____ **9:30am** meet PEDB Instructors at Studio A (1900) **and** Studio E (1910) to unlock doors for 9:35am classes
- _____ **9:50am** unlock doors to Climbing Wall Courtyard
- _____ **10:10am** meet PEDB 1400 Instructor at Studio D to unlock door for 10:15am class
- _____ **10:50am** if Gym East pickleball nets were taken down for KINS 7040, set nets back up for pickleball
- _____ **10:55am** clear Studio A (PEDB 1900) & Studio E (PEDB 1910) after 9:35am classes, turn off lights and lock & shut doors
- _____ **11:15am** clear Gym West and raise basketball goals
- _____ **11:20am** meet PEDB 1400 Instructor at Studio D to unlock door for 11:25am class
- _____ **12:25pm** meet PEDB 1400 Instructor at Studio D to unlock door for 12:30pm class
- _____ **1:30pm** clear Gym East and break down all badminton nets
- _____ **1:35pm** meet PEDB 1400 Instructor at Studio D to unlock door for 1:40pm class
- _____ **2:45pm** meet PEDB 1400 Instructor at Studio D to unlock door for 2:50pm class
- _____ **3:20pm** set up badminton in Gym East
- _____ **3:45pm** clear Studio D after 2:50pm PEDB 1400 Class, turn off lights and make sure all studio doors are shut & locked
- _____ **4:10pm** clear Gym West & lower basketball goals
- _____ **5pm** clear Gym Central and raise Court 02-04 basketball goals for Ramsey Palooza (leave Court 01 basketball goals down for Ramsey Palooza)
- _____ **7pm** clear Gym East; break down badminton on Court 01 (indoor challenge course side), move Court 02 nets to pickleball set up, and lower curtain for Ramsey Palooza
- _____ **10:30pm** clear Climbing Wall Courtyard, shut & lock doors
- _____ **11pm** make sure facility set up for tomorrow - See Friday Daily Schedule.

Admissions Desk Staff:

6am If inclement weather, admit Air Force ROTC Cadets that cannot admit themselves via turnstiles. Instructors Evers, Finnerty, Fore, Pyon, and Sample should identify these participants.

SPECIAL EVENTS

BeWellUGA Week - Ramsey Palooza 8pm

Competitive Sports Intramural Sports and Club Sports Practices are not scheduled due to Ramsey Palooza.

PEDB 1800 Pickleball 9:05-9:55am and 10:15-11:05am Classes do not have Gym East as inclement weather location due to KINS 7040 App to Sp Ped Class.

<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Boxing Studio (Studio F)	8:00 AM	8:50 AM	PEDB 1150 Self Defense
Gym East	9:35 AM	10:50 AM	KINS 7040 App to Sp Ped
Gym West	9:35 AM	10:50 AM	KINS 4330/6330 PE Secondary School

Ramsey Palooza - 8pm - Fees paid UGA Students can join us for FREE shirts, Chick-fil-a sandwiches, Insomnia cookies, and more! S&C 1 will close at 7:30pm. S&C 2 will be open.

Climbing Wall	Dodgeball - Gym East	Fitness & Wellness Yoga 8:30-9pm - Studio F
Inflatable Activities - Gym Central	Leaderboard Competition - S&C 1	Retro Video Games - Racquetball Court 01-02
Stand Up Paddleboarding - 50 Meter Pool	Wheelchair Basketball - Gym Central	and more!

RAMSEY STUDENT CENTER - ACTIVITY AREA

<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
50 Meter Pool	7:00 AM	9:00 AM	UGA Swimming & Diving
50 Meter Pool	11:00 AM	2:00 PM	Swim
50 Meter Pool	5:30 PM	7:00 PM	Athens Bulldog Swim Club
Bouldering Wall	12:00 PM	2:00 PM	Supervised Climbing
Bouldering Wall	5:00 PM	8:00 PM	Supervised Climbing
Boxing Studio (Studio F)	8:00 AM	8:50 AM	PEDB 1150 Self Defense
Boxing Studio	12:00 PM	1:00 PM	Fitness & Wellness Small Group Training Session 1 Defensive Arts & Personal Well-being #1
Boxing Studio	4:15 PM	5:15 PM	Fitness & Wellness Small Group Training Session 1 Boxing 101 #1
Boxing Studio	5:30 PM	6:30 PM	Fitness & Wellness Small Group Training Session 1 Kickboxing 101 #1
Boxing Studio	6:45 PM	7:45 PM	Fitness & Wellness Small Group Training Session 1 Boxing 201 #1
Boxing Studio	8:00 PM	8:45 PM	Fitness & Wellness Group Fitness CardioBox
Climbing Wall	12:00 PM	2:00 PM	Supervised Climbing
Climbing Wall	5:00 PM	8:00 PM	Supervised Climbing
Diving Well	6:15 AM	7:15 AM	Fitness & Wellness Group Fitness Deep Water
Diving Well	7:00 AM	9:00 AM	UGA Swimming & Diving
Diving Well	12:15 PM	1:00 PM	Fitness & Wellness Group Fitness Deep Water
Gym Central	6:00 AM	7:55 AM	Basketball
Gym Central	8:00 AM	8:50 AM	PEDB 1040 Beg Basketball
Gym Central	9:05 AM	9:55 AM	PEDB 1040 Beg Basketball
Gym Central	10:15 AM	11:05 AM	PEDB 1040 Beg Basketball
Gym Central	11:15 AM	5:00 PM	Basketball
Gym Central	5:00 PM	11:00 PM	Ramsey Palooza (8-11pm)
Gym East	6:00 AM	7:30 AM	Badminton
Gym East	8:00 AM	8:50 AM	Pickleball (if not being used for PEDB 1800)
Gym East - inclement weather location	8:00 AM	8:50 AM	PEDB 1800 Pickleball
Gym East	9:35 AM	10:50 AM	KINS 7040 App to Sp Ped
Gym East	10:55 AM	1:30 PM	Pickleball (if not being used for PEDB 1800)
Gym East - inclement weather location	11:25 AM	12:15 PM	PEDB 1800 Pickleball
Gym East - inclement weather location	12:30 PM	1:20 PM	PEDB 1800 Pickleball
Gym East	1:40 PM	3:20 PM	PEDB 1070 Challenge Course
Gym East	3:45 PM	7:00 PM	Badminton
Gym East	7:00 PM	11:00 PM	Ramsey Palooza (8-11pm)
Gym West	6:00 AM	7:55 AM	Indoor Soccer
Gym West - inclement weather location	6:00 AM	7:00 AM	AIRS 1001-4001L Leader Lab I GMC
Gym West	8:00 AM	9:30 AM	Basketball
Gym West	9:35 AM	10:50 AM	KINS 4330/6330 PE Secondary School
Gym West	11:20 AM	2:15 PM	Indoor Soccer
Gym West	2:20 PM	4:05 PM	KINS 2420 PE in Childhood Ed
Gym West	4:15 PM	11:00 PM	Basketball
Outdoor Breezeway & Information Table Location 01-02	6:00 PM	11:00 PM	Ramsey Palooza (8-11pm)
Racquetball Court 01-02	6:00 AM	9:00 AM	Racquetball
Racquetball Court 01-02	9:05 AM	9:55 AM	PEDB 1230 Beg Racquetball
Racquetball Court 01-02	10:00 AM	1:35 PM	Racquetball
Racquetball Court 01-02	1:40 PM	2:30 PM	PEDB 1230 Beg Racquetball
Racquetball Court 01-02	2:50 PM	3:40 PM	PEDB 1240 Inter Racquetball
Racquetball Court 01-02	3:45 PM	5:00 PM	Racquetball
Racquetball Court 01-02	5:00 PM	11:00 PM	Ramsey Palooza (8-11pm)
Racquetball Court 03-06	6:00 AM	9:00 AM	Racquetball
Racquetball Court 03-06	9:05 AM	9:55 AM	PEDB 1230 Beg Racquetball
Racquetball Court 03-06	10:00 AM	1:35 PM	Racquetball



<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Racquetball Court 03-06	1:40 PM	2:30 PM	PEDB 1230 Beg Racquetball
Racquetball Court 03-06	2:50 PM	3:40 PM	PEDB 1240 Inter Racquetball
Racquetball Court 03-06	3:45 PM	11:00 PM	Racquetball
Racquetball Court 07 & 10	6:00 AM	11:00 PM	Table Tennis
Racquetball Court 08-09	6:00 AM	11:00 PM	Racquetball
Rec Pool	6:00 AM	8:30 AM	Swim
Rec Pool	9:05 AM	9:55 AM	PEDB 1300 Beg Swimming
Rec Pool	4:00 PM	10:00 PM	Swim
Squash Court A & B	6:00 AM	11:00 PM	Squash
Squash Court Bleachers	8:00 AM	9:15 AM	PEDB 1950 FFL Walking
Squash Court Bleachers	9:35 AM	10:50 AM	PEDB 1950 FFL Walking
Squash Court Bleachers	11:10 AM	12:25 PM	PEDB 1950 FFL Walking
Squash Court Bleachers	12:45 PM	2:00 PM	PEDB 1950 FFL Walking
Squash Court Bleachers	2:20 PM	3:35 PM	PEDB 1950 FFL Walking
Squash Court Bleachers	3:55 PM	5:10 PM	PEDB 1930 FFL Jogging
Squash Court Bleachers	5:30 PM	6:45 PM	PEDB 1950 FFL Walking
Strength and Conditioning 1	6:00 AM	7:30 PM	Strength and Conditioning
Strength and Conditioning 1	7:30 PM	11:00 PM	Ramsey Palooza (8-11pm)
Strength and Conditioning 2	6:00 AM	11:00 PM	Strength and Conditioning
Strength and Conditioning 2	8:00 AM	8:50 AM	PEDB 1400 Intro to Wt Train
Strength and Conditioning 2	9:05 AM	9:55 AM	PEDB 1400 Intro to Wt Train
Strength and Conditioning 2	10:15 AM	11:05 AM	PEDB 1400 Intro to Wt Train
Strength and Conditioning 2	11:25 AM	12:15 PM	PEDB 1400 Intro to Wt Train
Strength and Conditioning 2	12:30 PM	1:20 PM	PEDB 1400 Intro to Wt Train
Strength and Conditioning 2	1:40 PM	2:30 PM	PEDB 1400 Intro to Wt Train
Strength and Conditioning 2	2:50 PM	3:40 PM	PEDB 1400 Intro to Wt Train
Studio A	9:35 AM	10:50 AM	PEDB 1900 FFL Group Fitness
Studio A	5:30 PM	6:30 PM	Fitness & Wellness Group Fitness Barre
Studio B	6:15 AM	7:15 AM	Fitness & Wellness Group Fitness BODYPUMP™
Studio B	6:30 PM	7:15 PM	Fitness & Wellness Group Fitness HIIT
Studio C	12:15 PM	12:45 PM	Fitness & Wellness Group Fitness QuickFit
Studio D	8:00 AM	8:50 AM	PEDB 1400 Intro to Wt Train
Studio D	9:05 AM	9:55 AM	PEDB 1400 Intro to Wt Train
Studio D	10:15 AM	11:05 AM	PEDB 1400 Intro to Wt Train
Studio D	11:25 AM	12:15 PM	PEDB 1400 Intro to Wt Train
Studio D	12:30 PM	1:20 PM	PEDB 1400 Intro to Wt Train
Studio D	1:40 PM	2:30 PM	PEDB 1400 Intro to Wt Train
Studio D	2:50 PM	3:40 PM	PEDB 1400 Intro to Wt Train
Studio D	5:00 PM	6:00 PM	Fitness & Wellness Group Fitness Cycle Circuit
Studio E	8:00 AM	9:15 AM	PEDB 1910 FFL Indoor Cycling
Studio E	9:35 AM	10:50 AM	PEDB 1910 FFL Indoor Cycling
Studio E	4:15 PM	4:45 PM	Fitness & Wellness Group Fitness Cycle Express
Studio E	5:00 PM	6:00 PM	Fitness & Wellness Group Fitness Cycle Circuit
Studio F	6:30 AM	7:30 AM	Fitness & Wellness Group Fitness Yoga
Studio F	8:00 AM	8:50 AM	PEDB 1150 Self Defense
Studio F	12:15 PM	1:15 PM	Fitness & Wellness Group Fitness Yoga
Studio F	4:15 PM	5:15 PM	Fitness & Wellness Group Fitness Yoga
Studio F	8:30 PM	9:30 PM	Fitness & Wellness Ramsy Palooza Yoga



<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Track	6:00 AM	11:00 PM	Walking/Jogging/Running
Volleyball Arena	6:00 AM	7:55 AM	Volleyball
Volleyball Arena	8:00 AM	8:50 AM	PEDB 1390 Inter Volleyball
Volleyball Arena	9:05 AM	9:55 AM	PEDB 1380 Beg Volleyball
Volleyball Arena	10:00 AM	11:20 AM	Volleyball
Volleyball Arena	11:25 AM	12:15 PM	PEDB 1380 Beg Volleyball
Volleyball Arena	12:30 PM	1:20 PM	PEDB 1380 Beg Volleyball
Volleyball Arena	1:25 PM	11:00 PM	Volleyball
Volleyball Arena - inclement weather location	4:00 PM	11:00 PM	Ramsey Palooza inclement weather location

REC SPORTS COMPLEX

<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Rec Sports Complex Field 02	11:10 AM	12:25 PM	PEDB 1280 Ultimate
Rec Sports Complex Field 02	12:45 PM	2:00 PM	PEDB 1280 Ultimate
Rec Sports Complex Field 04-05	12:45 PM	2:00 PM	PEDB 1260 Softball
Rec Sports Complex Field 07	12:45 PM	2:00 PM	PEDB 1270 Soccer
Rec Sports Complex Field 07	2:20 PM	3:35 PM	PEDB 1270 Soccer
Rec Sports Complex Field 08	8:00 AM	8:00 PM	Field
Rec Sports Complex Field 09	5:30 AM	7:30 AM	AIRS 1001-4001L Leader Lab I GMC
Rec Sports Complex Field 09	5:45 PM	7:45 PM	MUSI 4835 Redcoat Marching Band
Rec Sports Complex Pickleball Court 01-06	8:00 AM	11:00 PM	Pickleball
Rec Sports Complex Pickleball Court 07-18	8:00 AM	8:50 AM	PEDB 1800 Pickleball
Rec Sports Complex Pickleball Court 07-18	9:05 AM	9:55 AM	PEDB 1800 Pickleball
Rec Sports Complex Pickleball Court 07-18	10:15 AM	11:05 AM	PEDB 1800 Pickleball
Rec Sports Complex Pickleball Court 07-18	11:25 AM	12:15 PM	PEDB 1800 Pickleball
Rec Sports Complex Pickleball Court 07-18	12:30 PM	1:20 PM	PEDB 1800 Pickleball
Rec Sports Complex Pickleball Court 07-18	1:25 PM	11:00 PM	Pickleball
Rec Sports Complex Tennis Court 01-04	8:00 AM	9:15 AM	PEDB 1360 Inter Tennis
Rec Sports Complex Tennis Court 01-04	9:35 AM	10:50 AM	PEDB 1350 Beg Tennis
Rec Sports Complex Tennis Court 01-04	11:10 AM	12:25 PM	PEDB 1350 Beg Tennis
Rec Sports Complex Tennis Court 01-04	12:45 PM	2:00 PM	PEDB 1350 Beg Tennis
Rec Sports Complex Tennis Court 01-04	2:20 PM	3:35 PM	PEDB 1350 Beg Tennis
Rec Sports Complex Tennis Court 01-04	3:55 PM	5:10 PM	PEDB 1350 Beg Tennis
Rec Sports Complex Tennis Court 01-04	5:15 PM	8:00 PM	Tennis
Rec Sports Complex Tennis Court 05-09	8:00 AM	9:15 AM	PEDB 1360 Inter Tennis
Rec Sports Complex Tennis Court 05-09	9:35 AM	10:50 AM	PEDB 1350 Beg Tennis
Rec Sports Complex Tennis Court 05-09	11:10 AM	12:25 PM	PEDB 1350 Beg Tennis
Rec Sports Complex Tennis Court 05-09	12:45 PM	2:00 PM	PEDB 1350 Beg Tennis
Rec Sports Complex Tennis Court 05-09	2:20 PM	3:35 PM	PEDB 1350 Beg Tennis
Rec Sports Complex Tennis Court 05-09	3:55 PM	5:10 PM	PEDB 1350 Beg Tennis
Rec Sports Complex Tennis Court 05-09	5:15 PM	11:00 PM	Tennis

HEALTH SCIENCES CAMPUS

<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Pound Hall	11:00 AM	9:00 PM	Strength & Conditioning
Wheeler Gym	11:00 AM	9:00 PM	Basketball