



Informal Recreation Schedule:

Badminton: 6am-11pm (Court 01 7:45am-12:15pm) Gym East
 Basketball: 6am-11pm (Court 01-03 1-11pm) Gym Central **and** 11am-7pm Wheeler Gym
 Bouldering & Climbing: 12-2pm Bouldering & Climbing Walls - Closed 5-8pm today through Mon 1/20.
 Fields: 8am-5pm Rec Sports Complex Field 08 (weather and field condition permitting)
 Indoor Soccer: 6-9:05am, 10:05am-12:35pm, & 2:45-11pm Gym West
 Pickleball: 8am-5:30pm Rec Sports Complex Pickleball Court 01-18 (weather and court condition permitting) and 8am-12pm Gym East Court 02
 Racquetball: 6am-11pm Racquetball Court 01-06 & 08-09
 Squash: 6am-11pm Squash Court A & B
 Strength & Conditioning: 6am-11pm S&C 1 and S&C 2 **and** 11am-7pm Pound Hall
 Swim: 6-8:30am & 4-10pm Rec Pool and 11am-2pm 50 Meter Pool - Please visit <https://recsports.uga.edu/swim-schedule-policies/> for updates.
 Table Tennis: 6am-11pm Racquetball Court 07 & 10
 Tennis: 8-9:05am & 5:05-5:30pm Rec Sports Complex Tennis Court 01-09 (weather and court condition permitting)
 Volleyball: 6-9am Volleyball Arena & 2-10:45pm Gym Central Court 04
 Walking/Jogging/Running: 6am-11pm Track

Courtyards: Climbing Wall 10am-5:30pm

Equipment Checkout & Pro Shop: 6am-11pm

Membership Services: 8:30am-4:30pm & shop.recports.uga.edu

Outdoor Rec Center: 2-6pm

Facility Manager Set Ups (initial on line upon completion):

- _____ **5:45am** make sure Studio A-F and Boxing Studio Doors are shut and locked and lights are off **and** Gym West basketball goals are raised for IR Soccer
- _____ **7:45am** move Gym East Court 02 badminton nets to pickleball hooks (net should be 34 inches in the middle and 36 inches on the end) **and** lower curtain
- _____ **7:50am** meet PEDB Instructors at Studio A (1920) **and** Studio E (1910) to unlock doors and turn on lights for 8am classes
- _____ **8:55am** clear Studio E after 8am PEDB 1910 Class, turn off lights and lock & shut doors
- _____ **9am** assist PA with Volleyball Arena set up
- _____ **9:05am** meet PEDB 1920 Instructor at Studio A to unlock door for 9:10am class
- _____ **9:50am** unlock doors to Climbing Wall Courtyard
- _____ **10:15am** meet PEDB 1920 Instructor at Studio A to unlock door for 10:20am class
- _____ **11:25am** meet PEDB 1920 Instructor at Studio A to unlock door for 11:30am class
- _____ **12pm** return Gym East Court 02 badminton nets badminton set up **and** raise curtain
- _____ **12:35pm** meet PEDB 1920 Instructor at Studio A to unlock door for 12:40pm class
- _____ **1pm** clear Gym Central Court 04, raise basketball goals and set up volleyball at women's height; lower curtain between Court 03 & 04
- _____ **1:45pm** meet PEDB 1920 Instructor at Studio A to unlock door for 1:50pm class
- _____ **2:55pm** meet PEDB 1900 Instructor at Studio A to unlock door for 3pm class
- _____ **3:40pm** make sure Classroom 205-206 is unlocked for Rec Sports Staff
- _____ **3:55pm** clear Studio A after 3pm PEDB 1900 Class, turn off lights and lock & shut doors
- _____ **4:30pm** unlock Spectator Lobby Doors for ABSC Meet - if ADA door not detecting motion, flip switch at top of door, put event entrance & policy signage out per Allison's communication
- _____ **5:30pm** clear Climbing Wall Courtyard and lock & shut doors
- _____ **8:30pm or when Natatorium clear after ABSC Meet**, lock & shut Spectator Lobby Doors - if ADA door still motion sensitive, flip switch at top of door; pick up event entrance & policy signage out per Allison's communication
- _____ **10:45pm** make sure Gym Central Court 04 volleyball net is at women's height

Admission's Desk Staff:

- ~**4:15pm** Admit University of North Carolina Wilmington Swimming & Diving for meet warm up.
- ~**4:30-8pm** Direct all ABSC New Year's Kickoff Participants, Coaches, Officials & Spectators to Spectator Lobby Entrance

MLK Holiday 2025 OPERATIONS

Mon 1/20 Ramsey Center Hours are 9am-11pm. Ramsey Members under 18 have access during all facility hours when directly supervised at all times by member parent/guardian. Competitive Sports Club Practices are not scheduled Fri 1/17 through Mon 1/20. Competitive Sports Basketball is not scheduled Sun 1/19 & Mon 1/20. Bouldering and Climbing Walls will be closed 5-8pm Fri 1/17 through Mon 1/20. Rec Sports Office, ORC, Pound Hall, and Wheeler Gym will be closed Mon 1/20. Fitness and Wellness Group Fitness and Small Group Training Classes are not scheduled Mon 1/20.



SPECIAL EVENTS

Spring Semester 2025 Student Membership: Make sure Recreation and Student Facilities fees (\$92) are assessed in Athena.

Bouldering and Climbing Walls closed 5-8pm.

Competitive Sports Club Practices are not scheduled.

UGA Rec Sports observes all University of Georgia inclement weather closings or delays across all facilities including the Ramsey Student Center

NASM Personal Trainer Prep Course Virtual Info Session Tue 1/21 4pm. For more information, please visit recsports.uga.edu/become-a-trainer-or-instructor.

Fitness & Wellness Personal Training Specials Mon 1/6 through Fri 1/31 (recsports.uga.edu/personal-training/):

New Year, New You! 10% off 6, 12, and 20 session packages for Ramsey Members.

Resolution to Reality - 8-week program (1 session/week) available for purchase by current fees-paid UGA Students.

<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Gym West (Room 117)	9:10 AM	10:00 AM	KINS 4305/6305 PE in Elem School
Classroom 205-206	3:45 PM	5:15 PM	Rec Sports All Staff Training
Natatorium Bleacher Area & Volleyball Arena	4:30 PM	8:30 PM	ABSC New Year's Kickoff
50 Meter Pool, Diving Well, & Natatorium Bleacher Area	4:45 PM	5:45 PM	University of North Carolina Wilmington Swimming & Diving Warm Up
50 Meter Pool & Classroom 119	5:30 PM	8:00 PM	ABSC New Year's Kickoff
Diving Well	6:00 PM	8:00 PM	ABSC New Year's Kickoff

RAMSEY STUDENT CENTER - ACADEMIC WING

<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Classroom 109	10:20 AM	12:15 PM	KINS 2500L Exercise is Medicine Lab
Classroom 109	12:40 PM	2:35 PM	KINS 2500L Exercise is Medicine Lab
Classroom 110	8:00 AM	10:00 AM	ATTR 6530 Clin Eval Treat Ft Ank Low Leg
Classroom 110	12:30 PM	2:30 PM	ATTR 6540 Clin Eval Treat Knee and Hip
Classroom 114	10:20 AM	11:10 AM	KINS 7610 Therapeutic Exer
Classroom 202	11:30 AM	12:20 PM	KINS 4600/6600 Measur Surveill PA
Classroom 202	12:40 PM	1:30 PM	KINS 4820 Soc Aspects Sport
Classroom 203-204	9:10 AM	10:00 AM	HPRB 3020S Foun Hlth Promo Prof Pract Ser
Classroom 203-204	10:20 AM	11:10 AM	KINS 4520 Sport Finance
Classroom 203-204	11:30 AM	12:20 PM	KINS 4250 Intro to Sports Analytics
Classroom 203-204	12:40 PM	1:30 PM	KINS 3430 Intro Sport Mgmt
Classroom 203-204	1:50 PM	2:40 PM	HPRB 1710 Health and Wellness
Classroom 205-206	9:10 AM	10:00 AM	KINS 4810 Sport Marketing
Classroom 205-206	10:20 AM	11:10 AM	KINS 4760/6760 Motor Skill Behavior
Classroom 205-206	11:30 AM	12:20 PM	KINS 3430 Intro Sport Mgmt
Classroom 205-206	12:40 PM	1:30 PM	KINS 4640/6640 Sci Prin Cond Fit
Classroom 205-206	1:50 PM	2:40 PM	KINS 4830 Sport Policy and Governance
Classroom 205-206	3:45 PM	5:15 PM	Rec Sports All Staff Training
Classroom 213	9:10 AM	10:00 AM	KINS 5210 Sport Mass Media
Classroom 213	11:30 AM	12:20 PM	KINS 3600 Applied Biomechanics
Classroom 224	9:10 AM	10:00 AM	KINS 4820 Soc Aspects Sport
Classroom 225	9:10 AM	10:00 AM	HPRB 4400 Health Promo Program Devel
Classroom 225	10:20 AM	11:10 AM	HPRB 3010 Health Promotion Public Health
Classroom 225	1:50 PM	2:40 PM	HPRB 5310 Intro to Public Health Comm



<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Conference Room 215	10:15 AM	11:30 AM	ATTR 7020 Evidence-Based Practice II
<u>RAMSEY STUDENT CENTER - ACTIVITY AREA</u>			
<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
50 Meter Pool	11:00 AM	2:00 PM	Swim
50 Meter Pool (Room 157)	11:30 AM	12:20 PM	PEDB 1940 FFL Swimming
50 Meter Pool (Room 157)	12:40 PM	1:30 PM	PEDB 1940 FFL Swimming
50 Meter Pool	4:45 PM	5:45 PM	University of North Carolina Wilmington Swimming & Diving Warm Up
50 Meter Pool	5:30 PM	8:00 PM	ABSC New Year's Kickoff
Bouldering Wall	12:00 PM	2:00 PM	Supervised Climbing
Boxing Studio	12:30 PM	1:00 PM	Fitness & Wellness Group Fitness CardioBox
Classroom 119	5:30 PM	8:00 PM	ABSC New Year's Kickoff
Climbing Wall	12:00 PM	2:00 PM	Supervised Climbing
Diving Well	4:45 PM	5:45 PM	University of North Carolina Wilmington Swimming & Diving Warm Up
Diving Well	6:00 PM	8:00 PM	ABSC New Year's Kickoff
Gym Central Court 01-03	6:00 AM	11:00 PM	Basketball
Gym Central Court 04	6:00 AM	1:00 PM	Basketball
Gym Central Court 04	2:00 PM	10:45 PM	Volleyball
Gym East Court 01	6:00 AM	11:00 PM	Badminton
Gym East Court 02	6:00 AM	7:45 AM	Badminton
Gym East Court 02	8:00 AM	12:00 PM	Pickleball
Gym East Court 02	12:15 PM	11:00 PM	Badminton
Gym West	6:00 AM	9:05 AM	Indoor Soccer
Gym West (Room 117)	9:10 AM	10:00 AM	KINS 4305/6305 PE in Elem School
Gym West	10:05 AM	12:35 PM	Indoor Soccer
Gym West (Room 117)	12:40 PM	1:30 PM	KINS 3120 Striking/Target Act
Gym West (Room 117)	1:30 PM	2:40 PM	KINS 3220 Invasion Act
Gym West	2:45 PM	11:00 PM	Indoor Soccer
Natorium Bleacher Area	4:30 PM	8:30 PM	ABSC New Year's Kickoff
Natorium Bleacher Area	4:45 PM	5:45 PM	University of North Carolina Wilmington Swimming & Diving Warm Up
Racquetball Court 01-06 & 08-09	6:00 AM	11:00 PM	Racquetball
Racquetball Court 07 & 10	6:00 AM	11:00 PM	Table Tennis
Rec Pool	6:00 AM	8:30 AM	Swim
Rec Pool	4:00 PM	10:00 PM	Swim
Squash Court A & B	6:00 AM	11:00 PM	Squash
Squash Court Bleachers (Room 133)	9:10 AM	10:00 AM	PEDB 1930 FFL Jogging
Squash Court Bleachers (Room 133)	10:20 AM	11:10 AM	PEDB 1930 FFL Jogging



<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Squash Court Bleachers (Room 133)	11:30 AM	12:20 PM	PEDB 1950 FFL Walking
Squash Court Bleachers (Room 133)	12:40 PM	1:30 PM	PEDB 1950 FFL Walking
Squash Court Bleachers (Room 133)	3:00 PM	3:50 PM	PEDB 1930 FFL Jogging
Squash Court Bleachers (Room 133)	4:10 PM	5:00 PM	PEDB 1950 FFL Walking
Squash Court Bleachers (Room 133)	5:20 PM	6:10 PM	PEDB 1950 FFL Walking
Strength and Conditioning 1 & 2	6:00 AM	11:00 PM	Strength and Conditioning
Studio A (Room 383)	8:00 AM	8:50 AM	PEDB 1900 FFL Group Fitness
Studio A (Room 383)	9:10 AM	10:00 AM	PEDB 1920 FFL Body Condition
Studio A (Room 383)	10:20 AM	11:10 AM	PEDB 1920 FFL Body Condition
Studio A (Room 383)	11:30 AM	12:20 PM	PEDB 1920 FFL Body Condition
Studio A (Room 383)	12:40 PM	1:30 PM	PEDB 1920 FFL Body Condition
Studio A (Room 383)	1:50 PM	2:40 PM	PEDB 1920 FFL Body Condition
Studio A (Room 383)	3:00 PM	3:50 PM	PEDB 1900 FFL Group Fitness
Studio B	6:30 AM	7:30 AM	Fitness & Wellness Group Fitness BODYPUMP™
Studio B	12:30 PM	1:15 PM	Fitness & Wellness Group Fitness TONE™
Studio C	6:30 AM	7:15 AM	Fitness & Wellness Group Fitness QuickFit
Studio D	5:30 PM	6:30 PM	Fitness & Wellness Group Fitness TRX® Yoga
Studio E (Room 389)	8:00 AM	8:50 AM	PEDB 1910 FFL Indoor Cycling
Studio F	12:15 PM	1:15 PM	Fitness & Wellness Group Fitness Yoga
Studio F	4:15 PM	5:15 PM	Fitness & Wellness Group Fitness Yoga & Meditation
Track	6:00 AM	11:00 PM	Walking/Jogging/Running
Volleyball Arena	6:00 AM	9:00 AM	Volleyball
Volleyball Arena	9:00 AM	4:30 PM	Closed for set up
Volleyball Arena	4:30 PM	8:30 PM	ABSC New Year's Kickoff
Volleyball Arena	8:30 PM	11:00 PM	Closed
<u>REC SPORTS COMPLEX</u>			
<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Rec Sports Complex Field 02	3:00 PM	3:50 PM	PEDB 1280 Ultimate
Rec Sports Complex Field 02	4:10 PM	5:00 PM	PEDB 1280 Ultimate
Rec Sports Complex Field 07	10:20 AM	11:10 AM	PEDB 1270 Soccer
Rec Sports Complex Field 07	11:30 PM	12:20 PM	PEDB 1270 Soccer
Rec Sports Complex Field 07	4:10 PM	5:00 PM	PEDB 1270 Soccer
Rec Sports Complex Field 08	8:00 AM	5:30 PM	Field
Rec Sports Complex Pickleball Court 01-18	8:00 AM	5:30 PM	Pickleball
Rec Sports Complex Tennis Court 01-09	8:00 AM	9:05 AM	Tennis
Rec Sports Complex Tennis Court 01-09	9:10 AM	10:00 AM	PEDB 1360 Beg Tennis



Location

Rec Sports Complex Tennis Court 01-09
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Rec Sports Complex Tennis Court 01-09
Rec Sports Complex Tennis Court 01-09

Start

10:20 AM
11:30 AM
12:40 PM
1:50 PM
3:00 PM
4:10 PM
5:05 PM

End

11:10 AM
12:20 PM
1:30 PM
2:40 PM
3:50 PM
5:00 PM
5:30 PM

Event

PEDB 1350 Beg Tennis
PEDB 1350 Beg Tennis
PEDB 1350 Beg Tennis
PEDB 1350 Beg Tennis
PEDB 1360 Inter Tennis
PEDB 1350 Beg Tennis
Tennis

HEALTH SCIENCES CAMPUS

Location

Pound Hall

Wheeler Gym

Start

11:00 AM

11:00 AM

End

7:00 PM

7:00 PM

Event

Strength & Conditioning

Basketball



ACADEMIC CLASSES

NON-REC SPORTS FACILITIES PEDB CLASSES

PEDB 1080 Beg Bowling - Showtime Bowling Center - 555 Macon Hwy 30606

PEDB 1120 Beg Golf - UGA Golf Course - 2600 Riverbend Rd 30605

PEDB 1130 Intermediate Golf - UGA Golf Course - 2600 Riverbend Rd 30605

RAMSEY STUDENT CENTER - ACADEMIC WING

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Classroom 109	10:20 AM	12:15 PM	KINS 2500L Exercise is Medicine Lab
Classroom 109	12:40 PM	2:35 PM	KINS 2500L Exercise is Medicine Lab
Classroom 110	8:00 AM	10:00 AM	ATTR 6530 Clin Eval Treat Ft Ank Low Leg
Classroom 110	12:30 PM	2:30 PM	ATTR 6540 Clin Eval Treat Knee and Hip
Classroom 114	10:20 AM	11:10 AM	KINS 7610 Therapeutic Exer
Classroom 202	11:30 AM	12:20 PM	KINS 4600/6600 Measur Surveill PA
Classroom 202	12:40 PM	1:30 PM	KINS 4820 Soc Aspects Sport
Classroom 203-204	9:10 AM	10:00 AM	HPRB 3020S Foun Hlth Promo Prof Pract Ser
Classroom 203-204	10:20 AM	11:10 AM	KINS 4520 Sport Finance
Classroom 203-204	11:30 AM	12:20 PM	KINS 4250 Intro to Sports Analytics
Classroom 203-204	12:40 PM	1:30 PM	KINS 3430 Intro Sport Mgmt
Classroom 203-204	1:50 PM	2:40 PM	HPRB 1710 Health and Wellness
Classroom 205-206	9:10 AM	10:00 AM	KINS 4810 Sport Marketing
Classroom 205-206	10:20 AM	11:10 AM	KINS 4760/6760 Motor Skill Behavior
Classroom 205-206	11:30 AM	12:20 PM	KINS 3430 Intro Sport Mgmt
Classroom 205-206	12:40 PM	1:30 PM	KINS 4640/6640 Sci Prin Cond Fit
Classroom 205-206	1:50 PM	2:40 PM	KINS 4830 Sport Policy and Governance
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Classroom 213	11:30 AM	12:20 PM	KINS 3600 Applied Biomechanics
Classroom 224	9:10 AM	10:00 AM	KINS 4820 Soc Aspects Sport
Classroom 225	9:10 AM	10:00 AM	HPRB 4400 Health Promo Program Devel
Classroom 225	10:20 AM	11:10 AM	HPRB 3010 Health Promotion Public Health
Classroom 225	1:50 PM	2:40 PM	HPRB 5310 Intro to Public Health Comm
Conference Room 215	10:15 AM	11:30 AM	ATTR 7020 Evidence-Based Practice II

RAMSEY STUDENT CENTER - ACTIVITY AREA

<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
50 Meter Pool (Room 157)	11:30 AM	12:20 PM	PEDB 1940 FFL Swimming
50 Meter Pool (Room 157)	12:40 PM	1:30 PM	PEDB 1940 FFL Swimming
Gym West (Room 117)	9:10 AM	10:00 AM	KINS 4305/6305 PE in Elem School
Gym West (Room 117)	12:40 PM	1:30 PM	KINS 3120 Striking/Target Act
Gym West (Room 117)	1:30 PM	2:40 PM	KINS 3220 Invasion Act



<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Squash Court Bleachers (Room 133)	9:10 AM	10:00 AM	PEDB 1930 FFL Jogging
Squash Court Bleachers (Room 133)	10:20 AM	11:10 AM	PEDB 1930 FFL Jogging
Squash Court Bleachers (Room 133)	11:30 AM	12:20 PM	PEDB 1950 FFL Walking
Squash Court Bleachers (Room 133)	12:40 PM	1:30 PM	PEDB 1950 FFL Walking
Squash Court Bleachers (Room 133)	3:00 PM	3:50 PM	PEDB 1930 FFL Jogging
Squash Court Bleachers (Room 133)	4:10 PM	5:00 PM	PEDB 1950 FFL Walking
Squash Court Bleachers (Room 133)	5:20 PM	6:10 PM	PEDB 1950 FFL Walking
Studio A (Room 383)	8:00 AM	8:50 AM	PEDB 1900 FFL Group Fitness
Studio A (Room 383)	9:10 AM	10:00 AM	PEDB 1920 FFL Body Condition
Studio A (Room 383)	10:20 AM	11:10 AM	PEDB 1920 FFL Body Condition
Studio A (Room 383)	11:30 AM	12:20 PM	PEDB 1920 FFL Body Condition
Studio A (Room 383)	12:40 PM	1:30 PM	PEDB 1920 FFL Body Condition
Studio A (Room 383)	1:50 PM	2:40 PM	PEDB 1920 FFL Body Condition
Studio A (Room 383)	3:00 PM	3:50 PM	PEDB 1900 FFL Group Fitness
Studio E (Room 389)	8:00 AM	8:50 AM	PEDB 1910 FFL Indoor Cycling

REC SPORTS COMPLEX

<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Rec Sports Complex Field 02	3:00 PM	3:50 PM	PEDB 1280 Ultimate
Rec Sports Complex Field 02	4:10 PM	5:00 PM	PEDB 1280 Ultimate
Rec Sports Complex Field 07	10:20 AM	11:10 AM	PEDB 1270 Soccer
Rec Sports Complex Field 07	11:30 PM	12:20 PM	PEDB 1270 Soccer
Rec Sports Complex Field 07	4:10 PM	5:00 PM	PEDB 1270 Soccer
Rec Sports Complex Tennis Court 01-09	9:10 AM	10:00 AM	PEDB 1360 Beg Tennis
Rec Sports Complex Tennis Court 01-09	10:20 AM	11:10 AM	PEDB 1350 Beg Tennis
Rec Sports Complex Tennis Court 01-09	11:30 AM	12:20 PM	PEDB 1350 Beg Tennis
Rec Sports Complex Tennis Court 01-09	12:40 PM	1:30 PM	PEDB 1350 Beg Tennis
Rec Sports Complex Tennis Court 01-09	1:50 PM	2:40 PM	PEDB 1350 Beg Tennis
Rec Sports Complex Tennis Court 01-09	3:00 PM	3:50 PM	PEDB 1360 Inter Tennis
Rec Sports Complex Tennis Court 01-09	4:10 PM	5:00 PM	PEDB 1350 Beg Tennis