



Informal Recreation Schedule (subject to change):

Badminton: 8am-11pm (Court 01 8am-12:15pm) Gym East
 Basketball: 6-7:55am & 11:10am-11pm Gym Central, 8-11:15am Gym West, **and** 11am-4:30pm & 7-9pm (Court 01) Wheeler Gym
 Bouldering & Climbing: 5-8pm Bouldering & Climbing Walls
 Fields: 8am-5:30pm Rec Sports Complex Field 08 (weather and field condition permitting)
 Indoor Soccer: 11:20am-2:15pm, 4:10-6pm, & 8-11pm Gym West
 Pickleball: 8am-12pm Gym East Court 02 **and** 8am-5:30pm Rec Sports Complex Pickleball Court 01-06 (weather and court condition permitting)
 Racquetball: 6-11:20am, 12:20-1:35pm, and 3:55-11pm Racquetball Court 01-06 & 6am-11pm Racquetball Court 08-09
 Squash: 6am-11pm Squash Court A & B
 Strength and Conditioning: 6am-11pm Strength and Conditioning 1 & 2 **and** 11am-9pm Pound Hall
 Swim: 6-8:30am & 4-7:30pm Rec Pool and 11am-2pm & 5:30-10pm 50 Meter Pool - Please visit <https://recsports.uga.edu/swim-schedule-policies/> for updates.
 Table Tennis: 6am-11pm Racquetball Court 07 & 10
 Tennis: 8-9:30am Rec Sports Complex Tennis Court 01-09 (weather and court condition permitting)
 Volleyball: 6-9am, 1:20-2pm, & 6:05-10:45pm (Court 03 6:05-9:15pm) Volleyball Arena
 Walking/Jogging/Running: 6am-11pm Track

Climbing Wall Courtyard: 10am-8pm

Membership Services: 8:30am-4:30pm & shop.recsports.uga.edu

Equipment Checkout & Pro Shop: 6am-11pm

Outdoor Rec Center: Closed

Facility Manager Set Ups (initial on line upon completion):

- _____ **5:45am** make sure Studio A-F & Boxing Studio Doors are shut and locked and lights are off **and** Gym West basketball goals are raised for cleaning
- _____ **7:30am** move Gym East Court 02 badminton nets to pickleball hooks (net should be 34 inches in the middle and 36 inches on the end) **and** lower curtain
- _____ **7:50am** meet Instructors at following Studios to unlock doors & turn on lights for 8am PEDB classes: Studio A (1900), Studio D (1400), Studio E (1910), & Studio F (1150)
- _____ **7:55am** lower Gym West basketball goals
- _____ **8:55am** clear Studio F after PEDB 1150, turn off lights and lock & shut doors
- _____ **9am** meet PEDB 1400 Instructor at Studio D to unlock door for 9:05am class
- _____ **9:20am** clear Studio E after PEDB 1910, turn off lights and lock & shut doors
- _____ **9:30am** meet PEDB 1900 Instructor at Studio A to unlock doors and turn on lights for 9:35am class
- _____ **9:50am** unlock doors to Climbing Wall Courtyard
- _____ **10:10am** meet PEDB 1400 Instructor at Studio D to unlock door for 10:15am class
- _____ **10:55am** clear Studio A after 9:35am PEDB 1900, turn off lights and lock & shut doors
- _____ **11:05am** meet PEDB 1910 Instructor at Studio E to unlock door & turn on lights for 11:10am class
- _____ **11:15am** clear Gym West & raise basketball goals
- _____ **11:20am** meet PEDB 1400 Instructor at Studio D to unlock door for 11:25am class
- _____ **12pm** return Gym East Court 02 badminton nets badminton set up **and** raise curtain
- _____ **12:20pm** clear Studio D after 11:25am PEDB 1400, turn off lights and lock & shut doors
- _____ **12:30pm** clear Studio E after 11:10am PEDB 1910, turn off lights and lock & shut doors
- _____ **1:35pm** meet PEDB 1400 Instructor at Studio D to unlock door & turn on lights for 1:40pm class
- _____ **2:45pm** meet PEDB 1400 Instructor at Studio D to unlock door for 2:50pm class
- _____ **3:55pm** meet PEDB 1400 Instructor at Studio D to unlock door for 4pm class
- _____ **4:55pm** clear Studio D after 4pm PEDB 1400 Class, turn off lights and lock & shut doors
- _____ **6pm** clear Gym West for KINS 5620L/7620L, lower Court 01 basketball goals and curtain
- _____ **6:45pm** clear Volleyball Arena Court 01 & 02 and raise nets to men's height; lower curtain between Court 02 & 03
- _____ **7:25pm** meet Karate Club at Studio F to turn on lights & unlock doors
- _____ **7:30pm** make sure Classroom 203-204 is unlocked for Comp Sports Staff
- _____ **7:45pm** clear Gym West after KINS 5620L/7620L, raise curtain and basketball goals for IR Soccer
- _____ **7:55pm** meet Shikaari Club at Studio A to turn on lights & unlock doors
- _____ **8:55pm** meet Classic City Bhangra Club at Studio B to turn on lights & unlock doors
- _____ **9pm** clear Volleyball Arena Court 01 & 02 and lower nets to women's height; raise curtain between Court 02 & 03
- _____ **9:30pm** clear Studio F after Karate Club, turn off lights and lock & shut doors
- _____ **10pm** clear Studio A after Shikaari Club, turn off lights and lock & shut doors
- _____ **10:05pm** clear Climbing Wall Courtyard, shut & lock doors
- _____ **10:45pm** make sure all Volleyball Arena nets are at women's height
- _____ **11pm** clear Studio B after Classic City Bhangra Club, turn off lights and lock & shut doors



SPECIAL EVENTS

Competitive Sports Basketball is not scheduled.

4pm NASM Personal Trainer Prep Course Virtual Info Session 4. For more information, please visit recsports.uga.edu/become-a-trainer-or-instructor.

UGA Rec Sports observes all University of Georgia inclement weather closings or delays across all facilities including the Ramsey Student Center.

Spring Semester 2025 Student Membership: Make sure Recreation and Student Facilities fees (\$92) are assessed in Athena.

Registration deadline for Fri 1/31 Competitive Sports Racquetball Tournament is Tue 1/28.

Fitness & Wellness Personal Training Specials Mon 1/6 through Fri 1/31 (recsports.uga.edu/personal-training/):

New Year, New You! 10% off 6, 12, and 20 session packages for Ramsey Members.

Resolution to Reality - 8-week program (1 session/week) available for purchase by current fees-paid UGA Students.

<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Studio B	1:45 PM	2:45 PM	Fitness & Wellness BODYPUMP™ Demo
Gym West	2:20 PM	4:05 PM	KINS 2420 PE in Elem Ed
Conference Room 227A	3:00 PM	4:00 PM	Fitness & Wellness Group Fitness Meeting
Conference Room 226	5:30 PM	6:15 PM	Facilities Operations Satellites Staff
Gym West	6:00 PM	8:00 PM	KINS 5620L/7620L Adapted PE Lab Orientation (6:15-7:45pm)
Classroom 203-204	7:45 PM	9:30 PM	Competitive Sports Staff Meeting
Studio B	9:00 PM	11:00 PM	Competitive Sports Classic City Bhangra Club

RAMSEY STUDENT CENTER - ACADEMIC WING

<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Classroom 203-204	7:45 PM	9:30 PM	Competitive Sports Staff Meeting
Conference Room 226	9:30 AM	11:00 AM	Rec Sports Directors Team
Conference Room 226	11:00 AM	12:00 PM	Rec Sports Leadership Team
Conference Room 226	2:00 PM	3:00 PM	Facilities Operations
Conference Room 226	5:30 PM	6:15 PM	Facilities Operations Satellites Staff
Conference Room 227A	3:00 PM	4:00 PM	Fitness & Wellness Group Fitness Meeting

RAMSEY STUDENT CENTER - ACTIVITY AREA

<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
50 Meter Pool	11:00 AM	2:00 PM	Swim
50 Meter Pool	5:30 PM	10:00 PM	Swim
50 Meter Pool	5:30 PM	8:00 PM	Athens Bulldog Swim Club
50 Meter Pool	8:30 PM	9:30 PM	Competitive Sports Swim Club
Bouldering Wall	5:00 PM	8:00 PM	Supervised Climbing
Bouldering Wall	8:00 PM	10:00 PM	Outdoor Recreation Come Get Strong
Boxing Studio	4:15 PM	5:15 PM	Fitness & Wellness Small Group Training Session 1 Boxing 101 #2
Boxing Studio	5:30 PM	6:30 PM	Fitness & Wellness Small Group Training Session 1 Kickboxing 101
Boxing Studio	6:45 PM	7:45 PM	Fitness & Wellness Small Group Training Session 1 Boxing 201
Climbing Wall	5:00 PM	8:00 PM	Supervised Climbing
Climbing Wall	8:00 PM	10:00 PM	Outdoor Recreational Belay Clinic
Diving Well	6:15 AM	7:15 AM	Fitness & Wellness Group Fitness Deep Water
Diving Well	12:15 PM	1:00 PM	Fitness & Wellness Group Fitness Deep Water
Gym Central	6:00 AM	7:55 AM	Basketball
Gym Central	8:00 AM	8:50 AM	PEDB 1040 Beg Basketball
Gym Central	9:05 AM	9:55 AM	PEDB 1040 Beg Basketball
Gym Central	10:15 AM	11:05 AM	PEDB 1040 Beg Basketball
Gym Central	11:10 AM	11:00 PM	Basketball



<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Gym East	6:00 AM	8:00 AM	Closed for cleaning.
Gym East Court 01	8:00 AM	11:00 PM	Badminton
Gym East Court 02	8:00 AM	12:00 PM	Pickleball
Gym East Court 02	12:15 PM	11:00 PM	Badminton
Gym West	6:00 AM	8:00 AM	Closed for cleaning.
Gym West	8:00 AM	11:15 AM	Basketball
Gym West	11:20 AM	2:15 PM	Indoor Soccer
Gym West	2:20 PM	4:05 PM	KINS 2420 PE in Elem Ed
Gym West	4:10 PM	6:00 PM	Indoor Soccer
Gym West	6:00 PM	8:00 PM	KINS 5620L/7620L Adapted PE Lab Orientation (6:15-7:45pm)
Gym West	8:00 PM	11:00 PM	Indoor Soccer
Racquetball Court 01-06	6:00 AM	11:20 AM	Racquetball
Racquetball Court 01-06	11:25 AM	12:15 PM	PEDB 1230 Beg Racquetball
Racquetball Court 01-06	12:20 PM	1:35 PM	Racquetball
Racquetball Court 01-06	1:40 PM	2:30 PM	PEDB 1230 Beg Racquetball
Racquetball Court 01-06	3:00 PM	3:50 PM	PEDB 1240 Inter Racquetball
Racquetball Court 01-06	3:55 PM	11:00 PM	Racquetball
Racquetball Court 07 & 10	6:00 AM	11:00 PM	Table Tennis
Racquetball Court 08-09	6:00 AM	11:00 PM	Racquetball
Rec Pool	6:00 AM	8:30 AM	Swim
Rec Pool	4:00 PM	7:30 PM	Swim
Squash Court A & B	6:00 AM	11:00 PM	Squash
Squash Court Bleachers	9:35 AM	10:50 AM	PEDB 1930 FFL Jogging
Squash Court Bleachers	11:10 AM	12:25 PM	PEDB 1950 FFL Walking
Squash Court Bleachers	12:45 PM	2:00 PM	PEDB 1930 FFL Jogging
Squash Court Bleachers	2:20 PM	3:35 PM	PEDB 1950 FFL Walking
Squash Court Bleachers	5:05 PM	6:20 PM	PEDB 1950 FFL Walking
Strength and Conditioning 1	6:00 AM	11:00 PM	Strength and Conditioning
Strength and Conditioning 2	6:00 AM	11:00 PM	Strength and Conditioning
Strength and Conditioning 2	8:00 AM	8:50 AM	PEDB 1400 Intro to Wt Train
Strength and Conditioning 2	9:05 AM	9:55 AM	PEDB 1400 Intro to Wt Train
Strength and Conditioning 2	10:15 AM	11:05 AM	PEDB 1400 Intro to Wt Train
Strength and Conditioning 2	11:25 AM	12:15 PM	PEDB 1400 Intro to Wt Train
Strength and Conditioning 2	1:40 PM	2:30 PM	PEDB 1400 Intro to Wt Train
Strength and Conditioning 2	2:50 PM	3:40 PM	PEDB 1400 Intro to Wt Train
Strength and Conditioning 2	4:00 PM	4:50 PM	PEDB 1400 Intro to Wt Train
Studio A	8:00 AM	9:15 AM	PEDB 1900 FFL Group Fitness
Studio A	9:35 AM	10:50 AM	PEDB 1900 FFL Group Fitness
Studio A	12:30 PM	1:00 PM	Fitness & Wellness Group Fitness Core Blast
Studio A	5:30 PM	6:30 PM	Fitness & Wellness Group Fitness Barre x Yoga
Studio A	8:00 PM	10:00 PM	Competitive Sports Shikaari Club

<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Studio B	6:15 AM	7:15 AM	Fitness & Wellness Group Fitness BODYPUMP™
Studio B	1:45 PM	2:45 PM	Fitness & Wellness BODYPUMP™ Demo
Studio B	5:30 PM	6:15 PM	Fitness & Wellness Group Fitness BODYPUMP™
Studio B	9:00 PM	11:00 PM	Competitive Sports Classic City Bhangra Club
Studio C	6:30 AM	7:15 AM	Fitness & Wellness Group Fitness QuickFit
Studio C	7:30 AM	8:30 AM	Fitness & Wellness Small Group Training Session 1 Women's Weightlifting
Studio C	12:15 PM	12:45 PM	Fitness & Wellness Group Fitness QuickFit
Studio C	5:15 PM	6:15 PM	Fitness & Wellness Group Fitness Fit Dawgs
Studio D	8:00 AM	8:50 AM	PEDB 1400 Intro to Wt Train
Studio D	9:05 AM	9:55 AM	PEDB 1400 Intro to Wt Train
Studio D	10:15 AM	11:05 AM	PEDB 1400 Intro to Wt Train
Studio D	11:25 AM	12:15 PM	PEDB 1400 Intro to Wt Train
Studio D	1:40 PM	2:30 PM	PEDB 1400 Intro to Wt Train
Studio D	2:50 PM	3:40 PM	PEDB 1400 Intro to Wt Train
Studio D	4:00 PM	4:50 PM	PEDB 1400 Intro to Wt Train
Studio D	5:15 PM	6:15 PM	Fitness & Wellness Group Fitness TRX® 360
Studio E	8:00 AM	9:15 AM	PEDB 1910 FFL Indoor Cycling
Studio E	11:10 AM	12:25 PM	PEDB 1910 FFL Indoor Cycling
Studio E	4:15 PM	4:45 PM	Fitness & Wellness Group Fitness Cycle Express
Studio E	5:45 PM	6:15 PM	Fitness & Wellness Group Fitness Cycle Express
Studio E	6:30 PM	7:15 PM	Fitness & Wellness Group Fitness Cycle
Studio F	6:30 AM	7:30 AM	Fitness & Wellness Group Fitness Yoga
Studio F	8:00 AM	8:50 AM	PEDB 1150 Self Defense
Studio F	3:00 PM	4:00 PM	Fitness & Wellness Group Fitness Power Yoga
Studio F	4:15 PM	5:15 PM	Fitness & Wellness Group Fitness Yoga & Meditation
Studio F	6:30 PM	7:15 PM	Fitness & Wellness Group Fitness BODYBALANCE™
Studio F	7:30 PM	9:30 PM	Competitive Sports Karate Club
Track	6:00 AM	11:00 PM	Walking/Jogging/Running
Volleyball Arena	6:00 AM	9:00 AM	Volleyball
Volleyball Arena	9:05 AM	9:55 AM	PEDB 1380 Beg Volleyball
Volleyball Arena	10:15 AM	11:05 AM	PEDB 1390 Inter Volleyball
Volleyball Arena	11:25 AM	12:15 PM	PEDB 1380 Beg Volleyball
Volleyball Arena	12:30 PM	1:20 PM	PEDB 1380 Beg Volleyball
Volleyball Arena	1:25 PM	2:00 PM	Volleyball
Volleyball Arena	2:00 PM	6:00 PM	UGA Volleyball (3-6pm)
Volleyball Arena Court 01-02	6:05 PM	6:45 PM	Volleyball
Volleyball Arena Court 03	6:05 PM	10:45 PM	Volleyball
Volleyball Arena Court 01-02	7:00 PM	9:00 PM	Competitive Sports Men's Volleyball Club
Volleyball Arena Court 01-02	9:15 PM	10:45 PM	Volleyball
<u>REC SPORTS COMPLEX</u>			
<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Rec Sports Complex Field 01	5:00 PM	7:00 PM	Competitive Sports Men's Rugby Club
Rec Sports Complex Field 01	7:00 PM	9:00 PM	Competitive Sports Men's Ultimate Frisbee Club
Rec Sports Complex Field 02	12:45 PM	2:00 PM	PEDB 1280 Ultimate
Rec Sports Complex Field 02	2:20 PM	3:35 PM	PEDB 1280 Ultimate

<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Rec Sports Complex Field 04-05	12:45 PM	2:00 PM	PEDB 1260 Softball
Rec Sports Complex Field 07	2:20 PM	3:35 PM	PEDB 1270 Soccer
Rec Sports Complex Field 07	3:55 PM	5:10 PM	PEDB 1270 Soccer
Rec Sports Complex Field 08	8:00 AM	5:30 PM	Field
Rec Sports Complex Pickleball Court 01-06	8:00 AM	5:30 PM	Pickleball
Rec Sports Complex Pickleball Court 01-06	6:00 PM	8:00 PM	Competitive Sports Pickleball Club
Rec Sports Complex Pickleball Court 07-18	8:00 AM	9:15 AM	PEDB 1800 Intro to Pickleball
Rec Sports Complex Pickleball Court 07-18	9:35 PM	10:50 AM	PEDB 1800 Intro to Pickleball
Rec Sports Complex Pickleball Court 07-18	11:10 AM	12:25 PM	PEDB 1800 Intro to Pickleball
Rec Sports Complex Pickleball Court 07-18	12:45 PM	2:00 PM	PEDB 1800 Intro to Pickleball
Rec Sports Complex Pickleball Court 07-18	2:20 PM	3:35 PM	PEDB 1800 Intro to Pickleball
Rec Sports Complex Pickleball Court 07-18	3:55 PM	5:10 PM	PEDB 1800 Intro to Pickleball
Rec Sports Complex Tennis Court 01-04	8:00 AM	9:30 AM	Tennis
Rec Sports Complex Tennis Court 01-04	9:35 AM	10:50 AM	PEDB 1350 Beg Tennis
Rec Sports Complex Tennis Court 01-04	11:10 AM	12:25 PM	PEDB 1350 Beg Tennis
Rec Sports Complex Tennis Court 01-04	12:45 PM	2:00 PM	PEDB 1350 Beg Tennis
Rec Sports Complex Tennis Court 01-04	2:20 PM	3:35 PM	PEDB 1350 Beg Tennis
Rec Sports Complex Tennis Court 01-04	3:55 PM	5:10 PM	PEDB 1360 Inter Tennis
Rec Sports Complex Tennis Court 05-09	8:00 AM	9:30 AM	Tennis
Rec Sports Complex Tennis Court 05-09	9:35 AM	10:50 AM	PEDB 1350 Beg Tennis
Rec Sports Complex Tennis Court 05-09	11:10 AM	12:25 PM	PEDB 1350 Beg Tennis
Rec Sports Complex Tennis Court 05-09	12:45 PM	2:00 PM	PEDB 1350 Beg Tennis
Rec Sports Complex Tennis Court 05-09	2:20 PM	3:35 PM	PEDB 1350 Beg Tennis
Rec Sports Complex Tennis Court 05-09	3:55 PM	5:10 PM	PEDB 1360 Inter Tennis
Rec Sports Complex Tennis Court 05-09	5:30 PM	7:30 PM	Competitive Sports Tennis Club
Rec Sports Complex Tennis Pavilion	4:00 PM	7:00 PM	Competitive Sports Rowing Club

CLUB SPORTS COMPLEX

<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Practice Field	5:00 PM	7:00 PM	Competitive Sports Men's Lacrosse Club
Practice Field	7:00 PM	9:00 PM	Competitive Sports Men's Soccer Club

HEALTH SCIENCES CAMPUS

<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Pound Hall	11:00 AM	9:00 PM	Strength and Conditioning
Wheeler Gym	11:00 AM	4:30 PM	Basketball
Wheeler Gym	4:30 PM	4:45 PM	Competitive Sports Archery Club Set Up
Wheeler Gym	4:45 PM	6:45 PM	Competitive Sports Archery Club
Wheeler Gym	6:45 PM	7:00 PM	Competitive Sports Archery Club Break Down & Competitive Sports Cheerleading Club Set Up
Wheeler Gym Court 01	7:00 PM	9:00 PM	Basketball
Wheeler Gym Court 02	7:00 PM	9:00 PM	Competitive Sports Cheerleading Club
Wheeler Gym Court 02	9:00 PM	9:15 PM	Competitive Sports Cheerleading Club Break Down