

Outdoor Rec Center: recsports.uga.edu/outdoor-recreation/

Informal Recreation Schedule (subject to change):

Badminton: 6am-11pm (Court 01 7:45am-12:15pm) Gym East Basketball: 6am-11pm Gym Central <u>and</u> 11am-7pm Wheeler Gym Bouldering and Climbing: Walls closed. Summer hours scheduled to start on Mon 6/9 - Mon-Fri 5-8pm and Tues & Thur 12-2pm. Fields: 8am-8pm Rec Sports Complex Field 08 (weather and field condition permitting) Indoor Soccer: Not available due to roof project. Pickleball: 8am-8pm Rec Sports Complex Pickleball Court 01-18 (weather and court condition permitting) <u>and</u> 8am-12pm Gym East Court 02 Racquetball: 6am-11pm Racquetball Court 01-06 and Racquetball Court 08-09 Squash: 6am-11pm Squash Court A & B Strength & Conditioning: 6am-11pm S&C 1 and S&C 2 <u>and</u> 11am-7pm Pound Hall Swim: 6-8:30am & 4-7:30pm Rec Pool and 11am-2pm & 5:30-10pm 50 Meter Pool - Please visit https://recsports.uga.edu/swim-schedule-policies/ for updates. Table Tennis: 6am-11pm Racquetball Court 05-09 (weather and court condition permitting) Volleyball: 6am-10:45pm Volleyball Arena Walking/Jogging/Running: 6am-11pm Track **Climbing Wall Courtyard:** 10am-8pm

<u>Climbing Wall Courtyard:</u> 10am-8pm <u>Membership Services</u>: 8:30am-4:30pm & shop.recsports.uga.edu

Facility Manager Set Ups (initial on line upon completion):

- 5:45am make sure Studio A-F and Boxing Studio Doors are shut and locked and lights are off
- 7:45am move Gym East Court 02 badminton nets to pickleball hooks (net should be 34 inches in the middle and 36 inches on the end) and lower curtain

_____ 9:50am unlock doors to Climbing Wall Courtyard

- 12pm return Gym East Court 02 badminton nets badminton set up and raise curtain
- _____ 8pm clear Climbing Wall Courtyard and lock & shut doors
- _____ 10:45pm make sure all Volleyball Arena nets are at women's height

SPECIAL EVENTS

Spring Semester 2025 Finals

Fitness & Wellness Finals Free Week - Ramsey Members can attend Group Fitness Classes for free through Tue 5/6. 6:30-7:15am Fitness & Wellness QuickFit not scheduled due to instructor availability.

Rec Sports Complex Tennis Court 01-04 closed due to light project. Pickleball Courts and Tennis Courts 05-09 may not be available due to light project.

Locker renewal period for Summer 2025 for Students & their Dependents who have Spring Semester 2025 lockers. Last day is Wed 5/14.

Summer Operating Hours start Tuesday 5/6:

*Ramsey - Mon-Fri 6am-9pm, Sat 9am-3pm, & Sun 1-7pm - Closed Mon 5/26, Thur 6/19, & Fri 7/4-Sun 7/6.

*Pound Hall & Wheeler Gym - Mon-Fri 11am-2pm & 4-7pm, Sat & Sun Closed - Closed Fri 5/9, Mon 5/26, Thur 6/19, & Fri 7/4.

Registration deadline for Summer 2025 National Academy of Sports Medicine Certified Personal Trainer Prep Course is 5pm Fri 5/9. Course meets Mon & Wed 2-3:30pm from Mon 5/12 through Wed 7/9 on Microsoft Teams. Visit recsports.uga.edu/become-a-trainer-or-instructor for info.

Location	<u>Start</u>	<u>End</u>	<u>Event</u>
Studio A	10:45 AM	12:15 PM	Fitness & Wellness Instructor Interview
Lake Herrick Conference Room & Pavilion	12:00 PM	6:00 PM	Microbiology Graduate Student Association
Rec Sports Complex Field 03	2:00 PM	4:00 PM	Fitness & Wellness Staff
Lake Herrick Boat Dock	3:00 PM	4:00 PM	Microbiology Graduate Student Association
Club Sports Complex Practice Field	5:00 PM	7:00 PM	Competitive Sports Women's Lacrosse Club Nationals Practice
50 Meter Pool, Classroom 119, Diving Well, & Rec Pool	5:00 PM	9:00 PM	Aquatics Safety Training Lifeguard

RAMSEY STUDENT CENTER - ACADEMIC WING

Location Conference Room 226	<u>Start</u> 8:30 AM	<u>End</u> 9:30 AM	<u>Event</u> Fitness & Wellness PA Meeting
RAMSEY STUDENT CENTER - ACTIVITY AREA			
Location	<u>Start</u>	<u>End</u>	<u>Event</u>
50 Meter Pool	11:00 AM	2:00 PM	Swim
50 Meter Pool	5:30 PM	10:00 PM	Swim
50 Meter Pool	5:00 PM	9:00 PM	Aquatics Safety Training Lifeguard
50 Meter Pool	5:30 PM	7:30 PM	Athens Bulldog Swim Club
Classroom 119	5:00 PM	9:00 PM	Aquatics Safety Training Lifeguard
Diving Well	5:00 PM	9:00 PM	Aquatics Safety Training Lifeguard
Gym Central	6:00 AM	11:00 PM	Basketball
Gym East Court 01	6:00 AM	11:00 PM	Badminton
Gym East Court 02	6:00 AM	7:45 AM	Badminton
Gym East Court 02	8:00 AM	12:00 PM	Pickleball
Gym East Court 02	12:15 PM	11:00 PM	Badminton
Racquetball Court 01-06 and 08-09	6:00 AM	11:00 PM	Racquetball
Racquetball Court 07	6:00 AM	11:00 PM	Table Tennis
Rec Pool	6:00 AM	8:30 AM	Swim
Rec Pool	4:00 PM	7:30 PM	Swim
Rec Pool	5:00 PM	9:00 PM	Aquatics Safety Training Lifeguard
Squash Court A & B	6:00 AM	11:00 PM	Squash
Strength and Conditioning 1 & 2	6:00 AM	11:00 PM	Strength and Conditioning
Studio A	10:45 AM	12:15 PM	Fitness & Wellness Instructor Interview
Studio B	8:00 AM	9:00 AM	Fitness & Wellness Group Fitness BODYPUMP™
Studio B	12:30 PM	1:15 PM	Fitness & Wellness Group Fitness TONE™
Studio D	5:30 PM	6:30 PM	Fitness & Wellness Group Fitness TRX® Yoga
Studio F	4:15 PM	5:15 PM	Fitness & Wellness Group Fitness Yoga & Meditation
Track	6:00 AM	11:00 PM	Walking/Jogging/Running
Volleyball Arena	6:00 AM	10:45 PM	Volleyball



<u>REC SPORTS COMPLEX</u> - Activities are weather and court/field condition permitting.

Location	Start	<u>End</u>	Event
Lake Herrick Conference Room & Pavilion	12:00 PM	6:00 PM	Microbiology Graduate Student Association
Lake Herrick Boat Dock	3:00 PM	4:00 PM	Microbiology Graduate Student Association
Rec Sports Complex Field 03	2:00 PM	4:00 PM	Fitness & Wellness Staff
Rec Sports Complex Field 08	8:00 AM	8:00 PM	Field
Rec Sports Complex Pickleball Court 01-18	8:00 AM	8:00 PM	Pickleball
Rec Sports Complex Tennis Court 05-09	8:00 AM	8:00 PM	Tennis
HEALTH SCIENCES CAMPUS - Closed Friday 5/9.			
Location	Start	End	Event Strength & Conditioning
Pound Hall	11:00 AM	7:00 PM	Strength & Conditioning
Wheeler Gym	11:00 AM	7:00 PM	Basketball
CLUB SPORTS COMPLEX	• •		_ <i>i</i>
Location Bractice Field	<u>Start</u>	<u>End</u> 7:00 PM	Event Compositivo Sporte Women's Lagrasso Club Nationals Bractico
Practice Field	5:00 PM	7.00 PM	Competitive Sports Women's Lacrosse Club Nationals Practice