



Informal Recreation Schedule (subject to change):

Badminton: 6am-5:55pm (not available 1:15-4pm if inclement weather) & 8:05-11pm Gym East
Basketball: 6-7:55am & 11:15am-11pm Gym Central, 8-11:15am Gym West, **and** 11am-6:45pm Wheeler Gym
Bouldering & Climbing: 12-2pm & 5-8pm Bouldering & Climbing Walls
Fields: 8am-8pm Rec Sports Complex Field 08 (weather and field condition permitting)
Indoor Soccer: 6-7:55am (not available 6-7:05am if needed by AIRS 1001L-4001L) & 11:20am-6:30pm Gym West
Pickleball: 6am-11pm Rec Sports Complex Pickleball Court 01-06 and 6-7:55am & 5:15-11pm Rec Sports Complex Pickleball Court 07-18 (weather and court condition permitting)
Racquetball: 6-9am, 10am-1:35pm, & 3:45-11pm Racquetball Court 01-06 and 6am-11pm Racquetball Court 08-09
Squash: 6am-11pm Squash Court A & B
Strength & Conditioning: 6am-11pm S&C 1 and S&C 2 **and** 11am-9pm Pound Hall
Swim: 6-9am & 4-7:30pm Rec Pool and 11am-2pm & 5:30-10pm 50 Meter Pool - Please visit <https://recsports.uga.edu/swim-schedule-policies/> for updates.
Table Tennis: 6am-11pm Racquetball Court 07
Tennis: 6-7:55am & 7:35-11pm Rec Sports Complex Tennis Court 01-09 (weather and court condition permitting)
Volleyball: 6-7:55am, 10-11:20am, & 1:25-6pm Volleyball Arena and 9:15-10:30pm Gym West
Walking/Jogging/Running: 6am-11pm Track

Climbing Wall Courtyard: 10am-8pm

Membership Services: 8:30am-4:30pm & shop.recports.uga.edu

Equipment Checkout & Pro Shop: 6am-11pm

Outdoor Rec Center: 5-8pm

Facility Manager Set Ups (initial on line upon completion):

_____ **5:45am** make sure Studio A-F & Boxing Studio Doors are shut and locked and lights are off **and** Gym West basketball goals are raised for IR Soccer
_____ **7:50am** meet Instructors at following Studios to unlock doors & turn on lights for 8am PEDB classes: Studio D (1400), Studio E (1910), & Studio F (1150)
_____ **7:55am** clear Gym West & lower basketball goals
_____ **9am** meet PEDB Instructors at Studio D (1400) **and** Studio F (1150) to unlock doors for 9:05am classes
_____ **9:30am** meet PEDB Instructors at Studio A (1900) **and** Studio E (1910) to unlock doors for 9:35am classes
_____ **9:50am** unlock doors to Climbing Wall Courtyard
_____ **10am** Studio F after 9:05am PEDB 1150, turn off lights and lock & shut doors
_____ **10:10am** meet PEDB 1400 Instructor at Studio D to unlock door for 10:15am class
_____ **10:55am** clear Studio A (PEDB 1900) **and** Studio E (PEDB 1910) after 9:35am classes, turn off lights and lock & shut doors
_____ **11:15am** clear Gym West & raise basketball goals
_____ **11:20am** meet PEDB 1400 Instructor at Studio D to unlock door for 11:25am class
_____ **12:25pm** meet PEDB 1400 Instructor at Studio D to unlock door for 12:30pm class
_____ **1:15pm if notified PEDB 1070 needs to use Gym East**, clear gym and break down all badminton nets
_____ **1:35pm** meet PEDB 1400 Instructor at Studio D to unlock door for 1:40pm class
_____ **2:45pm** meet PEDB 1400 Instructor at Studio D to unlock door for 2:50pm class
_____ **3:20pm if Gym East used for PEDB 1070**, set up badminton
_____ **3:45pm** clear Studio D after 2:50pm PEDB 1400, turn off lights and make sure all studio doors are shut & locked
_____ **5:55pm** clear Gym East for Badminton Club
_____ **6pm** clear Volleyball Arena; break down all volleyball nets and lower both curtains for Comp Sports Dodgeball
_____ **6:30pm** clear Gym West and set up volleyball at men's height for Men's Volleyball Club
_____ **7:40pm** meet Karate Club at Studio F to turn on lights & unlock doors
_____ **7:55pm** meet Shikaari Club at Studio A to turn on lights & unlock doors
_____ **8:10pm** meet Fencing Club at Studio D to unlock doors and turn on lights
_____ **9:45pm** clear Studio F after Karate Club, turn off lights and lock & shut doors
_____ **10pm** clear Studio A after Shikaari Club, turn off light and shut & lock doors
_____ **10:05pm** clear Climbing Wall Courtyard, shut & lock doors
_____ **10:15pm** clear Studio D after Fencing Club practice, turn off lights, lock and shut doors and accompany club to old Equipment Checkout for equipment return
_____ **10:45pm or when Comp Sports Dodgeball is done in Volleyball Arena**, set up all volleyball nets at women's height and raise both curtains

Admissions Desk Staff:

6am - If inclement weather, admit Air Force ROTC Cadets that cannot admit themselves via turnstiles. Instructors Finnerty, Surratte, and Turner should identify these participants.

SPECIAL EVENTS

Entire Rec Sports Complex will be closed from 5pm Friday 10/3 until 1pm Sunday 10/5 due to home football game.

Ramsey will be closed on Saturday 10/4 due to home football game.

Registration deadline for Fall Semester 2025 Competitive Sports Racquetball and Squash Leagues is Tue 10/7.

| <u>Location</u> | <u>Start</u> | <u>End</u> | <u>Event</u> |
|--------------------|--------------|------------|--|
| Rec Pool - 4 Lanes | 6:00 AM | 7:00 AM | UGA Track and Field |
| Studio C | 8:00 AM | 9:15 AM | KINS 3500 Personal Training Instructor |

RAMSEY STUDENT CENTER - ACTIVITY AREA

| <u>Location</u> | <u>Start</u> | <u>End</u> | <u>Event</u> |
|---------------------------------------|--------------|------------|--|
| 50 Meter Pool | 6:45 AM | 9:00 AM | UGA Men's Swimming |
| 50 Meter Pool | 7:00 AM | 9:00 AM | UGA Women's Swimming |
| 50 Meter Pool | 11:00 AM | 2:00 PM | Swim |
| 50 Meter Pool | 3:15 PM | 5:15 PM | UGA Women's Swimming |
| 50 Meter Pool | 5:30 PM | 10:00 PM | Swim |
| 50 Meter Pool | 5:30 PM | 7:30 PM | Athens Bulldog Swim Club |
| 50 Meter Pool | 8:00 PM | 9:00 PM | Competitive Sports Swim Club |
| Bouldering Wall | 12:00 PM | 2:00 PM | Supervised Climbing |
| Bouldering Wall | 5:00 PM | 8:00 PM | Supervised Climbing |
| Bouldering Wall | 8:00 PM | 10:00 PM | Outdoor Recreation Come Get Strong |
| Boxing Studio | 5:30 PM | 6:30 PM | Fitness & Wellness Small Group Training Session 1 Kickboxing 101 |
| Boxing Studio | 6:45 PM | 7:45 PM | Fitness & Wellness Small Group Training Session 1 Boxing 101 #2 |
| Climbing Wall | 12:00 PM | 2:00 PM | Supervised Climbing |
| Climbing Wall | 5:00 PM | 8:00 PM | Supervised Climbing |
| Climbing Wall | 8:00 PM | 10:00 PM | Outdoor Recreation Belay Clinic |
| Diving Well | 6:15 AM | 7:15 AM | Fitness & Wellness Group Fitness Deep Water |
| Diving Well | 7:00 AM | 9:00 AM | UGA Women's and Men's Swimming |
| Diving Well | 12:15 PM | 1:00 PM | Fitness & Wellness Group Fitness Deep Water |
| Diving Well | 2:00 PM | 5:00 PM | UGA Diving |
| Diving Well | 3:15 PM | 5:15 PM | UGA Women's Swimming |
| Gym Central | 6:00 AM | 7:55 AM | Basketball |
| Gym Central | 8:00 AM | 8:50 AM | PEDB 1040 Beg Basketball |
| Gym Central | 9:05 AM | 9:55 AM | PEDB 1040 Beg Basketball |
| Gym Central | 10:15 AM | 11:05 AM | PEDB 1040 Beg Basketball |
| Gym Central | 11:10 AM | 11:00 PM | Basketball |
| Gym East | 6:00 AM | 5:55 PM | Badminton |
| Gym East (inclement weather location) | 1:40 PM | 3:20 PM | PEDB 1070 Challenge Course |
| Gym East | 4:00 PM | 5:55 PM | Badminton |
| Gym East | 6:00 PM | 8:00 PM | Competitive Sports Badminton Club |
| Gym East | 8:05 PM | 11:00 PM | Badminton |
| Gym West | 6:00 AM | 7:55 AM | Indoor Soccer (unless needed by AIRS 1001L-4001L) |
| Gym West | 6:00 AM | 7:00 AM | AIRS 1101L-4001L Leader Lab II GMC (inclement weather location) |
| Gym West | 8:00 AM | 11:15 AM | Basketball |

| <u>Location</u> | <u>Start</u> | <u>End</u> | <u>Event</u> |
|-----------------------------|--------------|------------|---|
| Gym West | 11:20 AM | 6:30 PM | Indoor Soccer |
| Gym West | 7:00 PM | 9:00 PM | Competitive Sports Men's Volleyball Club |
| Gym West | 9:15 PM | 10:30 PM | Volleyball |
| Racquetball Court 01-06 | 6:00 AM | 9:00 AM | Racquetball |
| Racquetball Court 01-06 | 9:05 AM | 9:55 AM | PEDB 1230 Beg Racquetball |
| Racquetball Court 01-06 | 10:00 AM | 1:35 PM | Racquetball |
| Racquetball Court 01-06 | 1:40 PM | 2:30 PM | PEDB 1230 Beg Racquetball |
| Racquetball Court 01-06 | 2:50 PM | 3:40 PM | PEDB 1240 Inter Racquetball |
| Racquetball Court 01-06 | 3:45 PM | 11:00 PM | Racquetball |
| Racquetball Court 07 | 6:00 AM | 11:00 PM | Table Tennis |
| Racquetball Court 08-09 | 6:00 AM | 11:00 PM | Racquetball |
| Rec Pool | 6:00 AM | 9:00 AM | Swim |
| Rec Pool - 4 Lanes | 6:00 AM | 7:00 AM | UGA Track and Field |
| Rec Pool | 9:05 AM | 9:55 AM | PEDB 1300 Beg Swimming |
| Rec Pool | 4:00 PM | 7:30 PM | Swim |
| Rec Pool | 7:30 PM | 9:30 PM | Competitive Sports Whitewater Club |
| Squash Court A & B | 6:00 AM | 11:00 PM | Squash |
| Squash Court Bleachers | 8:00 AM | 9:15 AM | PEDB 1950 FFL Walking |
| Squash Court Bleachers | 9:35 AM | 10:50 AM | PEDB 1950 FFL Walking |
| Squash Court Bleachers | 11:10 AM | 12:25 PM | PEDB 1950 FFL Walking |
| Squash Court Bleachers | 12:45 PM | 2:00 PM | PEDB 1950 FFL Walking |
| Squash Court Bleachers | 2:20 PM | 3:35 PM | PEDB 1950 FFL Walking |
| Squash Court Bleachers | 3:55 PM | 5:10 PM | PEDB 1930 FFL Jogging |
| Squash Court Bleachers | 5:30 PM | 6:45 PM | PEDB 1950 FFL Walking |
| Strength and Conditioning 1 | 6:00 AM | 11:00 PM | Strength and Conditioning |
| Strength and Conditioning 2 | 6:00 AM | 11:00 PM | Strength and Conditioning |
| Strength and Conditioning 2 | 8:00 AM | 8:50 AM | PEDB 1400 Intro to Wt Train |
| Strength and Conditioning 2 | 9:05 AM | 9:55 AM | PEDB 1400 Intro to Wt Train |
| Strength and Conditioning 2 | 10:15 AM | 11:05 AM | PEDB 1400 Intro to Wt Train |
| Strength and Conditioning 2 | 11:25 AM | 12:15 PM | PEDB 1400 Intro to Wt Train |
| Strength and Conditioning 2 | 12:30 PM | 1:20 PM | PEDB 1400 Intro to Wt Train |
| Strength and Conditioning 2 | 1:40 PM | 2:30 PM | PEDB 1400 Intro to Wt Train |
| Strength and Conditioning 2 | 2:50 PM | 3:40 PM | PEDB 1400 Intro to Wt Train |
| Studio A | 7:00 AM | 7:45 AM | Fitness & Wellness Group Fitness Strength & Stretch |
| Studio A | 9:35 AM | 10:50 AM | PEDB 1900 FFL Group Fitness |
| Studio A | 4:30 PM | 5:15 PM | Fitness & Wellness Group Fitness Strength & Stretch |
| Studio A | 5:30 PM | 6:30 PM | Fitness & Wellness Group Fitness Human Reformer® |
| Studio A | 7:00 PM | 7:45 PM | Fitness & Wellness Group Fitness Barre |
| Studio A | 8:00 PM | 10:00 PM | Competitive Sports Shikaari Club |

| <u>Location</u> | <u>Start</u> | <u>End</u> | <u>Event</u> |
|------------------|--------------|------------|--|
| Studio B | 5:30 PM | 6:15 PM | Fitness & Wellness Group Fitness BODYPUMP™ |
| Studio C | 8:00 AM | 9:15 AM | KINS 3500 Personal Training Instructor |
| Studio C | 12:15 PM | 12:45 PM | Fitness & Wellness Group Fitness QuickFit |
| Studio D | 8:00 AM | 8:50 AM | PEDB 1400 Intro to Wt Train |
| Studio D | 9:05 AM | 9:55 AM | PEDB 1400 Intro to Wt Train |
| Studio D | 10:15 AM | 11:05 AM | PEDB 1400 Intro to Wt Train |
| Studio D | 11:25 AM | 12:15 PM | PEDB 1400 Intro to Wt Train |
| Studio D | 12:30 PM | 1:20 PM | PEDB 1400 Intro to Wt Train |
| Studio D | 1:40 PM | 2:30 PM | PEDB 1400 Intro to Wt Train |
| Studio D | 2:50 PM | 3:40 PM | PEDB 1400 Intro to Wt Train |
| Studio D | 8:15 PM | 10:15 PM | Competitive Sports Fencing Club |
| Studio E | 6:30 AM | 7:00 AM | Fitness & Wellness Group Fitness Cycle Express |
| Studio E | 8:00 AM | 9:15 AM | PEDB 1910 FFL Indoor Cycling |
| Studio E | 9:35 AM | 10:50 AM | PEDB 1910 FFL Indoor Cycling |
| Studio E | 4:15 PM | 4:45 PM | Fitness & Wellness Group Fitness Cycle Express |
| Studio E | 5:15 PM | 6:00 PM | Fitness & Wellness Group Fitness Cycle |
| Studio E | 6:15 PM | 7:00 PM | Fitness & Wellness Group Fitness Cycle Core |
| Studio E | 8:00 PM | 8:45 PM | Fitness & Wellness Group Fitness Cycle |
| Studio F | 8:00 AM | 8:50 AM | PEDB 1150 Self Defense |
| Studio F | 9:05 AM | 9:55 AM | PEDB 1150 Self Defense |
| Studio F | 12:15 PM | 1:15 PM | Fitness & Wellness Group Fitness Yoga |
| Studio F | 5:15 PM | 6:15 PM | Fitness & Wellness Small Group Training Session 1 Mixed Martial Arts |
| Studio F | 6:30 PM | 7:30 PM | Fitness & Wellness Group Fitness BODYBALANCE™ |
| Studio F | 7:45 PM | 9:45 PM | Competitive Sports Karate Club |
| Track | 6:00 AM | 11:00 PM | Walking/Jogging/Running |
| Volleyball Arena | 6:00 AM | 7:55 AM | Volleyball |
| Volleyball Arena | 8:00 AM | 8:50 AM | PEDB 1390 Inter Volleyball |
| Volleyball Arena | 9:05 AM | 9:55 AM | PEDB 1380 Beg Volleyball |
| Volleyball Arena | 10:00 AM | 11:20 AM | Volleyball |
| Volleyball Arena | 11:25 AM | 12:15 PM | PEDB 1380 Beg Volleyball |
| Volleyball Arena | 12:30 PM | 1:20 PM | PEDB 1380 Beg Volleyball |
| Volleyball Arena | 1:25 PM | 6:00 PM | Volleyball |
| Volleyball Arena | 6:00 PM | 11:00 PM | Competitive Sports Dodgeball |

REC SPORTS COMPLEX

| <u>Location</u> | <u>Start</u> | <u>End</u> | <u>Event</u> |
|-----------------------------|--------------|------------|---|
| Rec Sports Complex Field 01 | 5:00 PM | 7:00 PM | Competitive Sports Women's Flag Football Club |
| Rec Sports Complex Field 01 | 7:00 PM | 9:00 PM | Competitive Sports Men's Rugby Club |
| Rec Sports Complex Field 02 | 12:45 PM | 2:00 PM | PEDB 1270 Soccer |
| Rec Sports Complex Field 02 | 2:20 PM | 3:35 PM | PEDB 1270 Soccer |
| Rec Sports Complex Field 02 | 4:00 PM | 11:00 PM | Competitive Sports Flag Football |

| <u>Location</u> | <u>Start</u> | <u>End</u> | <u>Event</u> |
|---|--------------|------------|----------------------------------|
| Rec Sports Complex Field 03 | 11:10 AM | 12:25 PM | PEDB 1280 Ultimate |
| Rec Sports Complex Field 03 | 12:45 PM | 2:00 PM | PEDB 1280 Ultimate |
| Rec Sports Complex Field 03 | 4:00 PM | 11:00 PM | Competitive Sports Flag Football |
| Rec Sports Complex Field 04-05 | 12:45 PM | 2:00 PM | PEDB 1260 Softball |
| Rec Sports Complex Field 06-07 | 4:00 PM | 11:00 PM | Competitive Sports Flag Football |
| Rec Sports Complex Field 08 | 8:00 AM | 8:00 PM | Field |
| Rec Sports Complex Field 09 | 5:45 AM | 7:15 AM | AIRS1001L-4001L Leader Lab I GMC |
| Rec Sports Complex Field 09 | 5:45 PM | 7:45 PM | MUSI 4835 Redcoat Marching Band |
| Rec Sports Complex Pickleball Court 01-06 | 6:00 AM | 11:00 PM | Pickleball |
| Rec Sports Complex Pickleball Court 07-18 | 6:00 AM | 7:55 AM | Pickleball |
| Rec Sports Complex Pickleball Court 07-18 | 8:00 AM | 9:15 AM | PEDB 1340 Pickleball |
| Rec Sports Complex Pickleball Court 07-18 | 9:35 AM | 10:50 AM | PEDB 1340 Pickleball |
| Rec Sports Complex Pickleball Court 07-18 | 11:10 AM | 12:25 PM | PEDB 1340 Pickleball |
| Rec Sports Complex Pickleball Court 07-18 | 12:45 PM | 2:00 PM | PEDB 1340 Pickleball |
| Rec Sports Complex Pickleball Court 07-18 | 2:20 PM | 3:35 PM | PEDB 1340 Pickleball |
| Rec Sports Complex Pickleball Court 07-18 | 3:55 PM | 5:10 PM | PEDB 1340 Pickleball |
| Rec Sports Complex Pickleball Court 07-18 | 5:15 PM | 11:00 PM | Pickleball |
| Rec Sports Complex Tennis Court 01-09 | 6:00 AM | 7:55 AM | Tennis |
| Rec Sports Complex Tennis Court 01-09 | 8:00 AM | 9:15 AM | PEDB 1360 Inter Tennis |
| Rec Sports Complex Tennis Court 01-09 | 9:35 AM | 10:50 AM | PEDB 1350 Beg Tennis |
| Rec Sports Complex Tennis Court 01-09 | 11:10 AM | 12:25 PM | PEDB 1350 Beg Tennis |
| Rec Sports Complex Tennis Court 01-09 | 12:45 PM | 2:00 PM | PEDB 1350 Beg Tennis |
| Rec Sports Complex Tennis Court 01-09 | 2:20 PM | 3:35 PM | PEDB 1350 Beg Tennis |
| Rec Sports Complex Tennis Court 01-09 | 3:55 PM | 5:10 PM | PEDB 1350 Beg Tennis |
| Rec Sports Complex Tennis Court 01-09 | 5:30 PM | 7:30 PM | Competitive Sports Tennis Club |
| Rec Sports Complex Tennis Court 01-09 | 7:35 PM | 11:00 PM | Tennis |
| Rec Sports Complex Tennis Pavilion | 4:00 PM | 7:00 PM | Competitive Sports Rowing Club |

HEALTH SCIENCES CAMPUS

| <u>Location</u> | <u>Start</u> | <u>End</u> | <u>Event</u> |
|------------------------------|--------------|------------|--|
| Health Sciences Campus Field | 6:00 PM | 8:00 PM | Competitive Sports Softball Club |
| Pound Hall | 11:00 AM | 9:00 PM | Strength & Conditioning |
| Wheeler Gym | 11:00 AM | 6:45 PM | Basketball |
| Wheeler Gym | 6:45 PM | 7:00 AM | Competitive Sports Archery Club set up |
| Wheeler Gym | 7:00 PM | 9:00 PM | Competitive Sports Archery Club |
| Wheeler Gym | 9:00 PM | 9:15 PM | Competitive Sports Archery Club break down |

CLUB SPORTS COMPLEX

| <u>Location</u> | <u>Start</u> | <u>End</u> | <u>Event</u> |
|-----------------|--------------|------------|--|
| Turf Field | 5:00 PM | 7:00 PM | Competitive Sports Men's Lacrosse Club |
| Turf Field | 7:00 PM | 9:00 PM | Competitive Sports Spikeball Club |
| Turf Field | 9:00 PM | 11:00 PM | Competitive Sports Women's Soccer Club |