



Informal Recreation Schedule (subject to change):

Badminton: 6am-5:55pm (not available 1:15-4pm if inclement weather) & 8:05-11pm Gym East
Basketball: 6-7:55am & 11:10am-11pm Gym Central, 9:20-11:15am Gym West, **and** 11am-6:45pm Wheeler Gym
Bouldering & Climbing: 12-2pm & 5-8pm Bouldering & Climbing Walls
Fields: 8am-5pm Rec Sports Complex Field 08 (weather and field condition permitting)
Indoor Soccer: 11:20am-11pm Gym West
Pickleball: 6am-11pm Rec Sports Complex Pickleball Court 01-18 (weather and court condition permitting)
Racquetball: 6-9am, 10am-1:35pm, & 3:45-11pm Racquetball Court 01-06 and 6am-11pm Racquetball Court 08-09
Squash: 6am-11pm Squash Court A & B
Strength & Conditioning: 6am-11pm S&C 1 and S&C 2 **and** 11am-9pm Pound Hall
Swim: 6-9am & 4-7:30pm Rec Pool and 11am-2pm & 5:30-10pm 50 Meter Pool - Please visit <https://recsports.uga.edu/swim-schedule-policies/> for updates.
Table Tennis: 6am-11pm Racquetball Court 07
Tennis: 6-7:55am & 7:35-11pm Rec Sports Complex Tennis Court 01-09 (weather and court condition permitting)
Volleyball: 6-7:55am, 10-11:20am, & 1:25-10:45pm (Court 03 6:45-9:15pm) Volleyball Arena
Walking/Jogging/Running: 6am-11pm Track

Climbing Wall Courtyard: 10am-8pm

Membership Services: 8:30am-4:30pm & shop.recports.uga.edu

Equipment Checkout & Pro Shop: 6am-11pm

Outdoor Rec Center: 5-8pm

Facility Manager Set Ups (initial on line upon completion):

_____ **5:45am** make sure Studio A-F & Boxing Studio Doors are shut and locked and lights are off **and** Gym West basketball goals are raised for IR Soccer
_____ **7:50am** meet PEDB Instructors at Studio D (1400) and Studio F (1150) to unlock doors for 8am classes
_____ **7:55am** clear Gym West & lower basketball goals
_____ **9am** meet PEDB Instructors at Studio D (1400) and Studio F (1150) to unlock doors for 9:05am classes
_____ **9:50am** unlock doors to Climbing Wall Courtyard
_____ **10am** clear Studio F after 9:05am PEDB 1150, turn off lights and lock & shut doors
_____ **10:10am** meet PEDB 1400 Instructor at Studio D to unlock door for 10:15am class
_____ **11:15am** clear Gym West & raise basketball goals
_____ **11:20am** meet PEDB 1400 Instructor at Studio D to unlock door for 11:25am class
_____ **12:25pm** meet PEDB 1400 Instructor at Studio D to unlock door for 12:30pm class
_____ **1:15pm if inclement weather or notified PEDB 1070 needs to use Gym East**, clear gym and break down all badminton nets
_____ **1:35pm** meet PEDB 1400 Instructor at Studio D to unlock door for 1:40pm class
_____ **2:45pm** meet PEDB 1400 Instructor at Studio D to unlock door for 2:50pm class
_____ **3:20pm if PEDB 1070 met in Gym East**, set up badminton
_____ **3:45pm** clear Studio D after 2:50pm PEDB 1400, turn off lights and make sure all studio doors are shut & locked
_____ **5:55pm** clear Gym East for Badminton Club
_____ **6:45pm** clear Volleyball Arena Court 01 & 02 and raise nets to men's height; lower curtain between Court 02 & 03
_____ **6:55pm** make sure Classroom 202 is unlocked for Girls Gains
_____ **7:40pm** meet Karate Club at Studio F to turn on lights & unlock doors
_____ **7:55pm** meet Shikaari Club at Studio A **and** Shikaari Club at Studio B to turn on lights & unlock doors
_____ **8:10pm** meet Fencing Club at Studio D to unlock doors and turn on lights
_____ **9pm** clear Volleyball Arena Court 01 & 02 and lower nets to women's height; raise curtain between Court 02 & 03
_____ **9:45pm** clear Studio F after Karate Club, turn off lights and lock & shut doors
_____ **10pm** clear Studio A after Shikaari Club **and** Studio B after Classic City Bhangra, turn off lights and lock & shut doors
_____ **10:05pm** clear Climbing Wall Courtyard, shut & lock doors
_____ **10:15pm** clear Studio D after Fencing Club practice, turn off lights, lock and shut doors and accompany club to old Equipment Checkout for equipment return
_____ **10:45pm** make sure all Volleyball Arena nets are at women's height

Admissions Desk Staff:

6am - Admit Air Force ROTC Cadets that cannot admit themselves via turnstiles. Instructors Finnerty, Surratte, and Turner should identify these participants.

SPECIAL EVENTS

Fri 11/14 1:30-2pm SEC Nation Quad Squad: Strength - Join Rec Sports on Myers Quad during SEC Nation for a high-energy, 30-minute bodyweight strength workout!

Sign up at <https://shop.recsports.uga.edu/Program/GetProgramDetails?courseId=1ad6554e-c64a-44ef-ab6c-7d6f2227ae36>

Entire Rec Sports Complex will be closed from 5pm Friday 11/14 until 1pm Sunday 11/16 due to home football game.

Ramsey Student Center will be closed on Saturday 11/15 due to home football game.

<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Rec Pool - 4 Lanes	6:00 AM	7:00 AM	UGA Track and Field
Gym West	8:00 AM	9:15 AM	KINS 3720 Found Teaching PE
Studio C	8:00 AM	9:15 AM	KINS 3500 Personal Training Instructor
Outdoor High Challenge Course (Gym East iwl)	1:40 PM	3:20 PM	PEDB 1070 Challenge Course
Conference Room 226	6:00 PM	7:00 PM	Fitness & Wellness Outreach - Exercise is Medicine Ask a Trainer
Classroom 202	7:00 PM	8:00 PM	Girls Gains at UGA

RAMSEY STUDENT CENTER - ACADEMIC WING

<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Classroom 202	7:00 PM	8:00 PM	Girls Gains at UGA
Conference Room 226	6:00 PM	7:00 PM	Fitness & Wellness Outreach - Exercise is Medicine Ask a Trainer

RAMSEY STUDENT CENTER - ACTIVITY AREA

<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
50 Meter Pool	6:45 AM	9:00 AM	UGA Men's Swimming
50 Meter Pool	7:00 AM	9:00 AM	UGA Women's Swimming
50 Meter Pool	11:00 AM	2:00 PM	Swim
50 Meter Pool	3:15 PM	5:15 PM	UGA Women's Swimming
50 Meter Pool	5:30 PM	10:00 PM	Swim
50 Meter Pool	5:30 PM	8:30 PM	Athens Bulldog Swim Club
50 Meter Pool	8:30 PM	9:30 PM	Competitive Sports Swim Club
Bouldering Wall	12:00 PM	2:00 PM	Supervised Climbing
Bouldering Wall	5:00 PM	8:00 PM	Supervised Climbing
Bouldering Wall	8:00 PM	10:00 PM	Outdoor Recreation Come Get Strong
Boxing Studio	5:30 PM	6:30 PM	Fitness & Wellness Small Group Training Session 2 Kickboxing 101
Boxing Studio	6:45 PM	7:45 PM	Fitness & Wellness Small Group Training Session 2 Boxing 101 #2
Climbing Wall	12:00 PM	2:00 PM	Supervised Climbing
Climbing Wall	5:00 PM	8:00 PM	Supervised Climbing
Climbing Wall	8:00 PM	10:00 PM	Outdoor Recreation Belay Clinic
Diving Well	6:15 AM	7:15 AM	Fitness & Wellness Group Fitness Deep Water
Diving Well	7:00 AM	9:00 AM	UGA Women's and Men's Swimming
Diving Well	12:15 PM	1:00 PM	Fitness & Wellness Group Fitness Deep Water
Diving Well	2:00 PM	5:00 PM	UGA Diving
Diving Well	3:15 PM	5:15 PM	UGA Women's Swimming
Gym Central	6:00 AM	7:55 AM	Basketball
Gym Central	8:00 AM	8:50 AM	PEDB 1040 Beg Basketball
Gym Central	9:05 AM	9:55 AM	PEDB 1040 Beg Basketball
Gym Central	10:15 AM	11:05 AM	PEDB 1040 Beg Basketball
Gym Central	11:10 AM	11:00 PM	Basketball

<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Gym East	6:00 AM	5:55 PM	Badminton (not available 1:15-4pm if needed by PEDB 1070)
Gym East (inclement weather location)	1:40 PM	3:20 PM	PEDB 1070 Challenge Course
Gym East	6:00 PM	8:00 PM	Competitive Sports Badminton Club
Gym East	8:05 PM	11:00 PM	Badminton
Gym West	6:00 AM	7:55 AM	Indoor Soccer (not available 6-7:05am if needed by AIRS 1001L-4001L)
Gym West	6:00 AM	7:00 AM	AIRS 1101L-4001L Leader Lab II GMC (inclement weather location)
Gym West	8:00 AM	9:15 AM	KINS 3720 Found Teaching PE
Gym West	9:20 AM	11:15 AM	Basketball
Gym West	11:20 AM	11:00 PM	Indoor Soccer
Racquetball Court 01-06	6:00 AM	9:00 AM	Racquetball
Racquetball Court 01-06	9:05 AM	9:55 AM	PEDB 1230 Beg Racquetball
Racquetball Court 01-06	10:00 AM	1:35 PM	Racquetball
Racquetball Court 01-06	1:40 PM	2:30 PM	PEDB 1230 Beg Racquetball
Racquetball Court 01-06	2:50 PM	3:40 PM	PEDB 1240 Inter Racquetball
Racquetball Court 01-06	3:45 PM	11:00 PM	Racquetball
Racquetball Court 07	6:00 AM	11:00 PM	Table Tennis
Racquetball Court 08-09	6:00 AM	11:00 PM	Racquetball
Rec Pool	6:00 AM	9:00 AM	Swim
Rec Pool - 4 Lanes	6:00 AM	7:00 AM	UGA Track and Field
Rec Pool	9:05 AM	9:55 AM	PEDB 1300 Beg Swimming
Rec Pool	4:00 PM	7:30 PM	Swim
Rec Pool	7:30 PM	9:30 PM	Competitive Sports Whitewater Club
Squash Court A & B	6:00 AM	11:00 PM	Squash
Strength and Conditioning 1	6:00 AM	11:00 PM	Strength and Conditioning
Strength and Conditioning 2	6:00 AM	11:00 PM	Strength and Conditioning
Strength and Conditioning 2	8:00 AM	8:50 AM	PEDB 1400 Intro to Wt Train
Strength and Conditioning 2	9:05 AM	9:55 AM	PEDB 1400 Intro to Wt Train
Strength and Conditioning 2	10:15 AM	11:05 AM	PEDB 1400 Intro to Wt Train
Strength and Conditioning 2	11:25 AM	12:15 PM	PEDB 1400 Intro to Wt Train
Strength and Conditioning 2	12:30 PM	1:20 PM	PEDB 1400 Intro to Wt Train
Strength and Conditioning 2	1:40 PM	2:30 PM	PEDB 1400 Intro to Wt Train
Strength and Conditioning 2	2:50 PM	3:40 PM	PEDB 1400 Intro to Wt Train
Studio A	7:00 AM	7:45 AM	Fitness & Wellness Group Fitness Strength & Stretch
Studio A	4:30 PM	5:15 PM	Fitness & Wellness Group Fitness Strength & Stretch
Studio A	5:30 PM	6:30 PM	Fitness & Wellness Group Fitness Human Reformer®
Studio A	7:00 PM	7:45 PM	Fitness & Wellness Group Fitness Barre
Studio A	8:00 PM	10:00 PM	Competitive Sports Shikaari Club
Studio B	5:30 PM	6:15 PM	Fitness & Wellness Group Fitness BODYPUMP™
Studio B	8:00 PM	10:00 PM	Competitive Sports Classic City Bhangra Club

<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Studio C	8:00 AM	9:15 AM	KINS 3500 Personal Training Instructor
Studio C	12:15 PM	12:45 PM	Fitness & Wellness Group Fitness QuickFit
Studio D	8:00 AM	8:50 AM	PEDB 1400 Intro to Wt Train
Studio D	9:05 AM	9:55 AM	PEDB 1400 Intro to Wt Train
Studio D	10:15 AM	11:05 AM	PEDB 1400 Intro to Wt Train
Studio D	11:25 AM	12:15 PM	PEDB 1400 Intro to Wt Train
Studio D	12:30 PM	1:20 PM	PEDB 1400 Intro to Wt Train
Studio D	1:40 PM	2:30 PM	PEDB 1400 Intro to Wt Train
Studio D	2:50 PM	3:40 PM	PEDB 1400 Intro to Wt Train
Studio D	8:15 PM	10:15 PM	Competitive Sports Fencing Club
Studio E	4:15 PM	4:45 PM	Fitness & Wellness Group Fitness Cycle Express
Studio E	5:15 PM	6:00 PM	Fitness & Wellness Group Fitness Cycle
Studio E	6:15 PM	7:00 PM	Fitness & Wellness Group Fitness Cycle Core
Studio E	8:00 PM	8:45 PM	Fitness & Wellness Group Fitness Cycle
Studio F	8:00 AM	8:50 AM	PEDB 1150 Self Defense
Studio F	9:05 AM	9:55 AM	PEDB 1150 Self Defense
Studio F	12:15 PM	1:15 PM	Fitness & Wellness Group Fitness Yoga
Studio F	5:15 PM	6:15 PM	Fitness & Wellness Small Group Training Session 2 Mixed Martial Arts
Studio F	6:30 PM	7:30 PM	Fitness & Wellness Group Fitness BODYBALANCE™
Studio F	7:45 PM	9:45 PM	Competitive Sports Karate Club
Track	6:00 AM	11:00 PM	Walking/Jogging/Running
Volleyball Arena	6:00 AM	7:55 AM	Volleyball
Volleyball Arena	8:00 AM	8:50 AM	PEDB 1390 Inter Volleyball
Volleyball Arena	9:05 AM	9:55 AM	PEDB 1380 Beg Volleyball
Volleyball Arena	10:00 AM	11:20 AM	Volleyball
Volleyball Arena	11:25 AM	12:15 PM	PEDB 1380 Beg Volleyball
Volleyball Arena	12:30 PM	1:20 PM	PEDB 1380 Beg Volleyball
Volleyball Arena	1:25 PM	6:45 PM	Volleyball
Volleyball Arena Court 03	6:45 PM	10:45 PM	Volleyball
Volleyball Arena Court 01-02	7:00 PM	9:00 PM	Competitive Sports Men's Volleyball Club
Volleyball Arena Court 01-02	9:15 PM	10:45 PM	Volleyball

REC SPORTS COMPLEX

<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Outdoor High Challenge Course (Gym East iwl)	1:40 PM	3:20 PM	PEDB 1070 Challenge Course
Rec Sports Complex Field 01	5:00 PM	7:00 PM	Competitive Sports Women's Flag Football Club
Rec Sports Complex Field 01	7:00 PM	9:00 PM	Competitive Sports Men's Rugby Club
Rec Sports Complex Field 02-03	4:00 PM	11:00 PM	Competitive Sports Kickball
Rec Sports Complex Field 04-05	4:00 PM	11:00 PM	Competitive Sports Soccer
Rec Sports Complex Field 07	4:00 PM	11:00 PM	Competitive Sports Ultimate Frisbee
Rec Sports Complex Field 08	8:00 AM	5:00 PM	Field
Rec Sports Complex Field 09	5:45 AM	7:15 AM	AIRS1001L-4001L Leader Lab I GMC
Rec Sports Complex Field 09	5:45 PM	7:45 PM	MUSI 4835 Redcoat Marching Band
Rec Sports Complex Pickleball Court 01-18	6:00 AM	11:00 PM	Pickleball
Rec Sports Complex Tennis Court 01-09	6:00 AM	5:25 PM	Tennis
Rec Sports Complex Tennis Court 01-09	5:30 PM	7:30 PM	Competitive Sports Tennis Club
Rec Sports Complex Tennis Court 01-09	7:35 PM	11:00 PM	Tennis
Rec Sports Complex Tennis Pavilion	4:00 PM	7:00 PM	Competitive Sports Rowing Club

HEALTH SCIENCES CAMPUS

<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Health Sciences Campus Field	6:00 PM	8:00 PM	Competitive Sports Softball Club
Pound Hall	11:00 AM	9:00 PM	Strength & Conditioning
Wheeler Gym	11:00 AM	6:45 PM	Basketball
Wheeler Gym	6:45 PM	7:00 AM	Competitive Sports Archery Club set up
Wheeler Gym	7:00 PM	9:00 PM	Competitive Sports Archery Club
Wheeler Gym	9:00 PM	9:15 PM	Competitive Sports Archery Club break down

CLUB SPORTS COMPLEX

<u>Location</u>	<u>Start</u>	<u>End</u>	<u>Event</u>
Turf Field	5:00 PM	7:00 PM	Competitive Sports Men's Lacrosse Club
Turf Field	7:00 PM	9:00 PM	Competitive Sports Spikeball Club